Mediumship

Mediums are people who connect with the spirit realm to bring through guidance and wisdom from loved ones who have passed over or from spirit guides.

Mediumship

Mediumship aims to provide evidence / proof that the soul continues its journey beyond bodily death.

A medium provides a bridge between the physical and spiritual world to bring messages from loved ones who have passed over, as well as messages from those in the spirit realm such as guides and angels. These messages are always brought through on a positive love connection.

Types of Mediumship

Mental mediumship

During mental mediumship the medium communicates with the spirit realm by receiving messages as thoughts and feelings. They mentally hear words, see pictures, know information and / or feel messages from spirit.

Physical mediumship

During physical mediumship the medium generally works in a darkened or dimly lit room. The spirit energy manifests via such occurrences as raps and noises, materialised objects or spirit bodies, voices, apports, or parts of the body, eg legs, feet or hands. In this form of mediumship, the medium is used as a source of power for the spirit manifestations.

Trance mediumship

During trance mediumship the medium allows spirit to use their mind to communicate. Most trance mediums, although conscious, are unable to recall what has been said. The medium 'steps aside' to allow the spirit entity to use their mind and voice to share messages.

Ways in which mediums work with spirit

A medium senses, hears, sees and feels spirit energy in many different ways. Our Learn About series has an article *'Ways of Communicating with Spirit'* which provides more in-depth information about how mediums work.

Mediumship ability

Most mediums practice and train over many years and are constantly learning and listening to Spirit. Many are aware of their abilities from a young age. Those that feel a calling towards mediumship can attend courses and workshops, and also sit in a development circle. Usually this is a process that takes a number of years, as personal growth is required alongside the spiritual growth.

How mediums provide their services

Some mediums give private readings, either face-to-face or via online forums. Others work with groups doing public demonstrations, such as in a Spiritualist church, or at a spiritual event. Some mediums specialise in helping animals, trying to locate missing people, working on criminal cases, undertaking house clearings, healing work, or working as a medical intuitive by seeing with their spiritual eye the problems within the body. Mediums also write books, and run workshops and retreats, to help people develop their spiritual gifts.

Receiving a reading from a medium

When you visit a medium for a reading, you can expect to be treated with courtesy and respect. The medium will reach out to the spirit realm on a love vibration and will endeavour to bring through messages, from loved ones or spirit guides, that will help you to move forward in a positive way. They will often help you to see your life more clearly so that you can determine what you want to do. If they are bringing through messages from loved ones, they will be able to give you some identifying features, events or traits that provide evidence of who it is that is communicating with you. A good medium will never make you feel afraid of the spiritual world, neither will they tell you what to do, or make predictions. You have free-will to make your own decisions and to live your own life.

The difference between a psychic and a medium

A psychic tunes into the energy of a person or object by feeling or sensing their past, present and future. They rely on their sense of intuition, and ability to read the energy of the person they are with.

A medium connects with the spirit realm to gain information for the person they are with, and to connect with those who have passed over and are in the spirit world.

All mediums are psychic, however not all psychics are mediums.