

## The Violet Flame

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Saint Germain is the ascended master responsible for bringing the knowledge of the violet flame to our conscious minds. The flame was first re-introduced to humanity in 1936. At that time, light workers throughout the world were only able to use it at its most gentle frequencies for healing the qualities of compassion and forgiveness.

For over seven decades light workers around the world have been invoking the violet flame. They have been slowly and steadily clearing the way for the awakening that is now taking place in the hearts and minds of people everywhere. As this awakening happens, the vibrations on our earth plane rise and the violet flame gains more and more power to transmute the negativity that we have, and are, creating.

The violet flame is a flame of transmutation which means to change - to alter in form, appearance or nature. The violet flame changes negative energy into positive energy, darkness into light, 'fate' into opportunity. It is the perfect balance of the divine masculine blue flame of power, the gold flame of wisdom, and the divine feminine pink flame of love. This is the three-fold flame.

We each have a concept of what negative energy is. We think in terms of anger, pain, fear, violence, blame, judgement etc – our emotional negatives. However negative energy is far more than that. Every form on our earth plane is, at its base, perfect. But on top of that perfection, we gather imperfections such as the fungus on plants, the scum on water, the mould on the earth, and injuries and illness in ourselves. When we talk of negative energy, we are talking about all those imperfections in ourselves and our world. For instance, if we have a sore knee or an upset stomach, remember that beneath that injury or pain there is perfection. And the violet flame can help us return all to its perfection by transmuting that negativity.

Access to the violet flame is always available through your heart centre where a connection to it resides as a tiny flame. It is easiest to use the flame in a meditative state and a sample meditation is available below. Many lightworkers feel overwhelmed with what to do to help our world, but anytime you do a meditation with the violet flame you are doing just that. The more that the flame is used to reduce the negativity on our planet, the better. Whenever you have the time and space, sit down and do a meditation with the flame.

Apart from what is on the meditation below, you can also use your meditation to direct the flame to another person, to a dwelling, to an office building, to Mother Earth, to our atmosphere. In fact, you can ask the flame to transmute energy wherever you choose to direct it, or you can ask it to clear our negative energy. Once you have activated the flame, there is no need to do anything but to let it do its thing. The flame knows what is needed and will act accordingly. Don't worry about sending

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it where it is not wanted as it will not go to anyone or anything that does not wish it to. For example, if you send it down your street, you may see it miss certain houses as it did not receive permission from them.

St Germaine encourages you to use the violet flame as often as possible as a way of transmuting the negative energy into unconditional love.

You don't have to fully understand the nature of the violet flame meditation or how it works, for your meditation to work! It isn't possible for our minds to encompass what lies beyond the parameters of the mind. You simply need to activate the violet flame and allow it to do its work.

Listen to the meditation below to learn to use the violet flame for yourself and all on our earth plane.

Barbara Hand, Spirit Wings



Violet Flame  
meditation.MP3