



Midwinter Recharge: Growing in the Energy of Change

Presenters and sessions

June 2022



Amanda Cartridge

Amanda officially started her spiritual journey in her early 20s although she has always had a connection with spirit and chooses to live a spiritual life on a daily basis.

Over the years she has trained in a wide range of natural healing modalities including 4 years studying and applying energy medicine principles and techniques in her life. She has dedicated her career and her personal life to learning and development with a focus on continual improvement. She is passionate about making a difference and loves to facilitate others' learning.

Navigating Your Akashic Records to Create an Abundant Life – Akashic Radiance Healing™ is a multi-dimensional transformation using the chakras, energy bodies, and divine qualities. We will explore Abundance from within the Akashic Records. All of us at some point in our life, or even currently, have experienced scarcity, resulting in isolation, loss, fear, anger, unworthiness, etc. Remember that abundance comes in many different forms such as relationships, love, health, wealth, money, career, self-esteem, etc. You will choose an area of your life where you are lacking in abundance to explore within your Akashic Records. During this session we will clear your specific karmic patterns, attachments, and loyalties to your lineage, in this and any other lifetimes which have bound you to pain and suffering. This will connect you to infinite abundance, love, and possibilities, and enable you to learn with grace and compassion.

Creating Authentic Power through Spiritual Partnership – The world as we have known it is changing and, with that, the possibilities open to us are expanding. Our expanded awareness comes with both opportunities and responsibilities towards ourselves and others. You may have found dissatisfaction with your relationships and not really understand why. Maybe you want to connect at a deeper level and can't seem to be able to do that, or the people around you can't meet you where you are. You may undertake regular personal or spiritual growth work and still find you want more substance and depth in your relationships. The spiritual partnership guidelines provide a framework for personal growth, living authentically, and experiencing joy and fulfilment each day. The activities in this workshop will assist you in deepening your understanding of yourself, your relationships, and how to navigate within the earth school.

All sessions will be recorded and will be available to those who have registered for 2 weeks after the webinar. For information about the timetable and to make a booking:

Go to <https://www.spiritualism.org.nz/events/#!event-list> or email Barbara at registrar@spiritualism.org.nz

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Angela Longley

I live in Christchurch and started my development with New Age philosophies when I moved to Hamilton, and my formal training and adventure into mediumship started.

When I returned to Christchurch I committed to regularly demonstrating and tutoring in our circuit of churches, and also private venues. I am a spiritual teacher / mentor, healer, intuitive coach, run workshops at United Spiritualists of Aotearoa (previously The Spiritualist Church of New Zealand (Christchurch)) as well as public venues. Most of my training has come from tutors at Arthur Findlay College and SNU trainers. I believe in continuing self-development to assist me and others I share my knowledge with.

All my courses are taught locally and on Zoom. Contact Angela on 027 746 7727 or email angelamaylongley@outlook.co.nz

Spiritual GPS workshops – Three introductory workshops to a year-long program in differing aspects of spirituality with a qualification on fulfilment of course material. They start from the self slowly building up the layers of us. Choose to do all three workshops or just be part of the one that is in alignment with where you are right now.

Spiritual GPS 1: Soulcraft of Us as Individuals – This roadmap uses tools and techniques of mindfulness, and awareness of Self expanding into the spiritualisation of Self. Break unhelpful patterns of anxiety; stress and exhaustion currently being a challenge at this point of time. This starts our journey of soul initiation for wholeness and self-healing in a fragmented world.

- Wake up to the Autopilot in action and reclaim your life.
- Practical exercises to clear unhelpful patterns.
- Combine spiritualising your Self with Higher beings.

We live in a frantic world at this point, so practising over time with commitment, kindness, compassion, all being qualities of the Love revolution we are now living in, will help you. Rediscover your true self lies within you and combine this with spiritualization of the self through the use of tools and techniques, to enlarge your skills in our changing world as it finds a new normal.

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Spiritual GPS 2: Soulcraft of the Heart – Our soul works with and through our 4 body system, 3 minds, our heart, Spirit Team, and Higher Beings of Light. Awakening your 3 heart centres is a transformative journey to open the gifts for your soul inspired daily life and lets you become the Lighthouse for humankind, and all other sentient and non-sentient beings on our planet. Your Light shines into the universe transforming and connecting to higher realms of Beings bringing about lasting positive change for all.

- Who am I and why am I here?
- Soul fusion with your goals.
- Awaken 3 heart centres.

Your soul has its own goals and soul fusion is bringing in alignment, balance and harmony for our new goals to be included. We will no longer be living on autopilot but consciously directing our present and future us.

Spiritual GPS 3: Soulcraft destination of Unity Consciousness – Delve deeper into 3D, 4D and 5th dimension frequencies as the multidimensional Being we truly are. Currently our world is stuck in fear-based 3D thinking whereas 4D is the transitional zone mastering our emotions so we can live in 5D consciousness of fearlessness. Unity consciousness is a tool of 5D to change our personal, local, national, global world. Be the change.

- Wakeup call of 5th dimension.
- 5D signs you are there.
- We become the vibration.

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Angela Rinaldi

Angela is passionate about people's healing and well-being and does this through healing, coaching and medium readings. Angela has been communicating with souls, energies, codes and star seeds for more than 40 years.

Angela brings different insightful techniques to help you create the life you desire. Angela has developed her therapeutic skills by accessing higher frequencies connected with Universal Light, in the aim of helping you access abundance in every aspect of your life. If you wish to know more about Angela please visit her website: <http://SoulSchool1111.co.nz>

Messages from the Spirit World

- Have you lost a loved one to suicide, major trauma, accidents, disease or natural death. This workshop is to bring encouragement to those that are struggling with uncertainty about what Spirit World looks like. Communicating with passed on loved ones, getting questions answered and understanding the signs when your loved ones are near. Angela and her spirit team will take each of you across to Spirit World, so the reconnection, love and being in their company will bring you the truth, healing tools and a deeper understanding.



Annette Rundle and Michael Steffensen

Annette discovered and developed her awareness and understanding of the spiritual aspect of her being, through the Petone Spiritualist Church which she joined in 1996. She found the Spiritualist Philosophy had no dogma, simply a set of Seven Principles, channelled from Spirit that could be applied to life as it unfolded. Along the way Annette has attended and run circles, had workshop involvement, and works on platform giving addresses and clairvoyance at Petone and at other centres. Service to Spirit is a lifetime passion and she always works with personal integrity connected to the highest spiritual energy.

Michael is a work in progress and that is what Life on this planet is all about. Progress, moving forward, and evolving. Every day is about change, about stepping into yourself and this is what my aim is physically and spiritually. Teaching through my experience, which includes being Minister at the Petone Spiritualist Church, along with Spiritual Healing Coordinator, Circle Leader, Spiritual Medium – and a Jack of all 'Spiritual Services'.

The Seven Principles: Foundation for Change – This workshop presents the principles that were channelled from Spirit back in 1871. These principles can be used for guidance on our journey through life, particularly in these times of change. They are not directives; they are observations that participants can use as a touchstone or reference point as they make their individual choices on their own life's path. Change is with us in full force at present on the earth plane, we may not know where it will lead, but reference to the principles can help us cope with more confidence. Each person is an individual, and as such will make their own choices through life that they will learn from.

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Annwyn Hanham

Annwyn is an activator of vibrational frequencies and formulas that impact on the shifting consciousness of Humanity. As a sound master and writer, Annwyn inspires others during this time of accelerated spiritual development on Earth. A published author, her first book describes her personal journey through grief as a powerful catalyst for a 'rude awakening.'

Through her son in Spirit, Annwyn learns of Eternal-Universal-Love, and that there is no death or separation. Her second book is nearing completion and features largely around Glastonbury.

www.annwynvibe.com

Allowing the Gifts of Change – Annwyn perceives change, even shocking change, as one of the greatest gifts to accelerate our spiritual journeys. Join her as she shares her grounded, humorous, practical wisdom on not merely surviving the changes that are filling our lives at this time, but actually thriving and shining our light! Annwyn's guides support her teachings with channelled Sound Healing of Toning and Light Language to help you embody the vibrational frequencies of allowing change. Audience participation is warmly welcomed and the webinar concludes with a Solstice ceremony to honour our journey through 2022.



Barbara Hand

Barbara started her spiritual journey in 1996 when she joined Petone Spiritualist Church. She went on to run workshops and development groups, and was President for six years. During this time she also coordinated the spiritual centres across Greater Wellington to run various events.

Barbara was National Treasurer of The Spiritualist Church of New Zealand and is now the Registrar and Newsletter For Spiritualism New Zealand. In her personal life, Barbara is a partner in Spirit Wings with Diane Thomson. Together they run workshops, development groups, retreats, fairs and the Soul Food Café in Lower Hutt.

Using the Violet Flame - The Violet Flame is one of the most powerful energies available to humanity today. Through a series of meditations, learn how to use it to clear negative energies from yourself, your home, your environment, Mother Earth and our atmosphere. Negative energies don't just relate to those we automatically think of such as anger, fear and sadness. Everything on our earth plane is perfect but many forms of negativity are placed on top of that perfection such as the fungus on plants, the scum on water, the mould on the earth and injuries and illness in ourselves. These also can be released with the Violet Flame.

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Christine Richter

Christina’s passion is to identify and decipher physical, emotional, psychological, and spiritual challenges that contribute to disease. By using astrology, her mission is to be of service, to help identify areas of potential health challenges, and to encourage, support and clarify possible solutions.

Christina is a full-time international consulting astrologer, author, teacher and global speaker. With over 35 years in mainstream medicine, Christina has attained qualifications in Ayurveda, metaphysics, herbalism, stress management, colour therapy and Astrology, making her an authority in her field. Guiding people to self-heal and to start making changes in their lives for their own benefits, through her books, courses and consultations is Christina’s Soul purpose. www.christinarichterauthor.com

The Chakra Connection – As spiritual beings in a physical body, we are energetic by nature and this is reflected through our chakra system. We have a total of 144 chakras in the body whose function is to maintain our health and body integrity. The chakra system is directly linked to our physical body and when you understand you become unwell from the outside in, then the chakras take on a whole new meaning in regards to your health. In this talk, I will be taking you through each of the 7 main chakras and how they affect your body, your health and will discuss natural recommendations for each of the chakras.

Jupiter’s Journey through the Zodiac – Planet Jupiter is the most fortunate and auspicious planet in your chart. It is where you find your luck if you know how to harness the energy of this planet. In this talk, I will be talking about the mythology of Jupiter and how you can access the gifts of abundance that Jupiter bestows via your own chart. I will also talk about the current cycle of Jupiter in Pisces for 2022 and Jupiter in Aries for 2023. Depending on attendance, I will discuss Jupiter in each chart.





Christine Carter

Christine has been a spiritual explorer for 45 years, 30 of those living on the road in a motorhome till recently.

The Human Design page on www.08002bwell.co.nz explains the essence of how Human Design can make a difference in your life. As one of only a few Professional Analysts here in New Zealand Christine can offer the Foundation Readings along with courses designed to assist your experimentation with becoming your true self that you were born to be without the family and societal conditioning that takes you off your life path.

What is human design? – Human Design is the “Science of Differentiation”. It is a system or tool that assists us to know our selves better. It is not a belief system. It is like a road map that gives you a Strategy to follow so you can be more of your authentic self. Then it also provides a way to follow your own inner authority when it comes to making decisions. At first you need to experiment with these new ways of being. Mostly before Human Design we lived our life through listening to our mind tell us what to do. This doesn’t always work out the way we would like and can adversely affect our health. This is where dis-ease comes from. Since exploring and experimenting with my own design, I have experienced so much more ease in my life. Understood that everyone is wired differently and to be authentic needs to operate in their own unique way.

Midwinter Recharge: Growing in the Energy of Change

 <p>Claire Laurenson Grief Practitioner - I was called to this work after a decade of personal losses, most significantly the death of my first son, and have been providing support for and education about grief across different realms of loss for 25 years. I founded Grief Relief Ltd in 2010 so I could continue supporting bereaved parents.</p> <p>A creative soul and claircognizant, I use these attributes alongside my professional training and life experience. See the Grief Relief Kit, a resource for supporting those grieving any kind of loss. I am a member of the Upper Hutt Spiritualist Church and provide Reiki healing at the Oasis Healing Centre.</p>	<p>Painting a Picture of Grief - Claire will take you on a unique, thoughtful, visual journey to convey the experience of grief, supported by narrative drawing on her years of work in this field. Whether you're working your way through loss of your own, supporting a friend, family member or client, or just curious, there will be something for everyone. Time for Q & A after the presentation.</p>
	<p>Clairvoyant Evening - We will finish our Midwinter Recharge month with a clairvoyant evening during which experienced mediums will pass on messages from those who have passed over. Numbers will be limited for this evening so ensure your place by booking early.</p>
 <p>Danielle Mahoney Danielle's passion is in the empowering of others with sacred knowledge and walking alongside those navigating their destined pathways.</p> <p>Having studied and practiced many modalities over time, Danielle has fine-tuned her practice offering soul midwifery, gentle healing touch therapies and plant potions including flower essences and sacred essential oils. She also teaches Reiki and Mindful Compassion.</p>	<p>Sacred Oils --The use of sacred oils for healing and enriching the spiritual journey is an ancient practice indeed, one that can enhance our lives - offering us deeper meditation practice, and healing soul wounds. Learn about the metaphysical qualities of readily available oils and develop your own blends to enhance your experience of the divine. After the workshop you will have the opportunity to purchase oils and blends at a discounted rate.</p>

Midwinter Recharge: Growing in the Energy of Change



Denise Prendergast

During the last decade Denise has travelled the world, visiting many of the renowned sacred sites, participating in ceremonial rituals, opening portals, and planetary grid work.

Denise channels over 50 Light Languages (known as languages of the heart) and allows this to flow during her Sound Harmonic Healing sessions. Denise's purpose is to be a Master Key Coder, meaning she can activate Light Language within others and activate people's 'key' of who they are. She has her own studio set up at her property in the sunny Hawkes Bay where she works from and does a range of energy healing modalities depending on her clients needs.

www.DenisePrendergast.com



Gina Prendergast

Gina is a Reiki Teacher, and owner of the Energy Alchemy Academy. Gina has trained in many modalities and worked professionally in the well-being industry since 2001.

Gina currently focuses on individual and group energy healing sessions, teaching reiki & spiritual development courses, playing crystal singing bowls, performing Cacao Ceremonies, remote viewing, tarot and oracle card reading, studying Homeopathy, participating in CE-5 (benevolent contact with ETs), and home educating her two beautiful starseed children.

Light Language Workshop –This workshop includes a 45-minute Light Language Healing Sound Harmonic session by Denise Prendergast, an intro into what Light Language is, and 'how' to listen to it (it's not like regular music/singing), and encourages you to try expressing light language through movement, through art, and through your voice during this session. Don't worry if you've never done it before. This workshop is suitable for beginners and those who are experienced. We will expose you to certain Light Language art whose codes may activate your DNA and improve your expression of this language of the heart. We will also show you how to have fun with Light Language and explore any resistance you may have to expressing it. Plenty of time for questions too. We hope you can join us.

Healing and Activation Journey – Immerse yourself in a 60-75minute sound bath of Light Language and crystal singing bowls, infused with New Earth Healing Frequencies and Reiki. During the journey, you can expect to enter a meditative state, while energy centres are balanced, DNA is activated, healing is catalysed, and your unique gifts unlocked & amplified. Brought to by two experienced healers Denise Prendergast (www.DenisePrendergast.com), and Gina Prendergast. Both healers work synergistically to provide what the group dynamic needs as well as generating individual healing and activation. At the end of the journey, you are given time to write your experience down in your journal, to share experiences (optional), connect with each other and ask questions to Denise and Gina. We hope you can join us.

Midwinter Recharge: Growing in the Energy of Change



Elisabeth von Madarasz

In perfect alignment with her spiritual purpose, Elisabeth came as a four year old refugee from war torn Hungary to the sacred land of New Zealand, the land of the First Dawn for the planet.

In 1998 Elisabeth founded the Academy of Shamanic Studies NZ. She shared these ancient wisdoms and technologies over 30 years around the world and through Webinars and Web TV. In December 2018 she was inner guided to dissolve the Academy and give away all her products so she can now soar free of all form as a weaver of the Web of Oneness. Elisabeth is a visionary, facilitator, writer and healer. She assists people to identify their blocks and traumas and dissolve these back to source for their lineages and all the lifetimes involved. The Divine blueprints, DNA and programs can then be restored. The aim is to create quantum shifts in consciousness and evolutionary leaps for each to fulfil their potential and spiritual purpose for themselves and simultaneously their lineages and humanity – for ALL IS ONE.

Our New Earth Arising out of the Ashes of Covid – COVID is the catalyst for the current, corrupt systems and structures to dissolve themselves while simultaneously creating the leaders and communities of the New Earth. COVID is an opportunity for humanity to reset and choose again: to create life enhancing systems that honor and sustain all life. I was one of three people invited to co-create a portal, by Great Beings of Light in 2021, to seed the 9th dimensional New Earth template here in Aotearoa to then radiate out across the planet. It is the opportunity for each one of us to live Peace, Love, JOY and TRUTH to integrate this seeding for ALL, and the generations to come.



Gail Payne

Gail provides evidence of the existence of the Spirit realm, while delivering messages of guidance and support from those who have passed over to the other side.

Gail sat in her first Spiritualist Circle over 40 years ago. While she has travelled widely to study a diverse range of spiritual practices and healing modalities, Gail considers Spiritualism her home. Gail believes that Spirit's unique way of looking at a situation can be life-changing and reminds us of whom we really are at a soul level. Gail is humbled to live and work closely with Spirit. She is a platform medium at Spiritualist churches in Christchurch, provides mediumship at spiritual expos, and offers individual teaching and readings. Gail is also a Spiritualist healer, and Reiki practitioner.

Skipping Stones – At times of significant and constant social change, we often do not have the time, or the opportunity, to make decisions using our familiar methods. We may have to skip the experiences, adventures, resources and information, that we would have previously used to inform our decision-making. Gail calls this process Skipping Stones, and presents a spiritual toolkit to assist our decision-making during times of significant social and energetic change.

Midwinter Recharge: Growing in the Energy of Change



Gail Taylor

Kia Ora, "I AM" remains the most powerful statement one can make about themselves...For those who don't know me...I Am...a Mother, Grandmother, Great Grandmother, a precious Life experience in itself from which much wisdom has been gained. Many years ago, I asked Spirit. "What is it I do? – answer- "I am here to bring through the Christ energies to help heal, balance and restore on all levels." This has manifested in many ways far beyond my dreams, hence my Passion for Life and all it holds. I cannot imagine a day without my Divine connection with all that is. I am blessed to be a clear channel for Spirit- my 'Team' who lovingly guide my many Passions. I am an Intuitive Channel for all my Creations, be they my Paintings or Writings. I am a Published Author, Healing Facilitator, Teacher of Intuitive Painting and Mentor. I Am a lover of all Life in all its forms and cherish my Inner journey that reflects my outer reality. My favourite saying is still... "If it's not fun, I'm not playing..."

Listening to our Soul's Voice – Our Sacred "I AM"

- What is "Our Soul's Voice?"
- How do I tap into that Knowledge and Wisdom?
- Channelling – what is it? Can I do this?- Lord Metatron channel 2021.
- The Language of Light – What is it? Can I speak it? How do I know what is being said?
- The importance of Meditation in all its forms and how it serves us.
- How do we realise and activate our Passions and tap into our Divine potential... sharing our Dreams. EMOTION...energy in motion.





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Energy Alchemy workshop – During this interactive workshop you will learn about Energy Alchemy – simple techniques you can use daily to transmute energy into a better state. We discuss the frequencies associated with emotional states, and what to do if you get stuck in a 'low vibe' for too long. We ponder on what is needed for true healing and learn how empowering it can be to become a master of your own emotions. We all have a go at playing with the frequencies around us and learning about popular transmutation symbols such as the violet flame. We lightly discuss science behind how to transmute the frequency of your food & water into something better for you. Learn how to become your own truth and lie detector. I will send an activation to all attending and then invite you to participate in an experiment to keep a picked leaf alive for 30 days with nothing but energy alchemy from you.

Midwinter Recharge: Growing in the Energy of Change

 <p>Helen Barnes Helen is an awakened being who knows and lives in the truth that she is LOVE. She is here to BE the highest expression of herself as awakened consciousness in every moment, that is, love incarnate. She is a truth seeker and her journey has been, and continues to be, one of deep reverence for the gift of life here on Planet Earth.</p> <p>Helen considers it an honour and privilege to be of service as a healer, intuitive, wisdom keeper, writer, sound master, illuminator and empowered woman. Her focus is to hold sacred space for those wishing to expand into the fullest expression of self as a soul having a human experience. Her down-to-earth style is refreshing and her sense of fun makes working with her relaxed and expansive while getting to the core issues that need to be shifted to allow for potent personal growth and transformation.</p>	<p>10 Keys to Navigating the Energies of Change – In these turbulent and unpredictable times we must work diligently to navigate our way guided by our soul (higher) self and not our ego (personality) self. In this webinar Helen will share insights and wisdom into mastering the 10 keys as well as offer light language clearing and activation to assist in managing the energies of change. The 10 keys are:</p> <ol style="list-style-type: none"> 1. Live in the present – the past is done and the future is unfolding and variable 2. Respond as opposed to react – learn to manage the emotions 3. Turn down the internal chatter – gain mastery over the mind 4. Live in your heart – embrace the hearts intelligence to guide you through life 5. Trust yourself - you are the creator of your reality 6. Accept that everything happens for a reason - there are no coincidences or right or wrong in consciousness 7. Live your truth – you know what is best for you, start living it 8. Keep your energy field clear - choose who you exchange energy with 9. Make friends with your shadow - it shows up to help you heal 10. Stay connected to source, spirit, the universe - they have your back
 <p>Jan Nalder Jan has spent a lifetime saying ‘I wonder why’. Fortunately, the answers matter less than finding the right question. The questions have led Jan into ever more intriguing studies, including several strands of learning. Music, art and spiritualism are current enthusiasms.</p> <p>Educational Kinesiology® provides Jan with the perfect way to place anything she has studied into a framework as the ‘menu’ for facilitating change, be it personal improvement, assistance for animals, communicating with plants, or working with spiritual assistance on larger issues. Jan thinks of herself as a teacher/healer.</p>	<p>Balancing: A Brief Foray in Educational Kinesiology – Kinesiology is a family of modalities which are concerned with making beneficial change in the physical, emotional, mental and spiritual status of the learner who is somehow stuck but wants to move on. Most employ muscle checking to elicit plain information from the body-mind-spirit system which is explicit to both the learner and the facilitation practitioner. In this workshop, you will learn how to work with the second method of noticing instead. We will learn a five-step system in a collective balance, then apply it to a personal balance, probably centering around health, behavioural change, stress management, movement improvement or spiritual development.</p>

Midwinter Recharge: Growing in the Energy of Change

 <p>Jane Stephens As a spiritual artist, I work to produce portraits of relatives and friends now in spirit, or inspired art that is sent to me by the spirit world: my guides choose the colour I am to use and guide my hand while I paint or draw.</p> <p>My focus at the moment is on helping others to become interested in spiritual art and to develop their gifts, as I have found that there are many budding spiritual artists among the people I have met. During 2019, I developed and taught an interactive online course in spiritual art which was hosted by Spiritualism NZ. The students from that course were keen to continue and I now lead a circle for the development of spiritual art.</p>	<p>A Picture can Lead to a Thousand Words – This workshop will help you to explore the ways in which you can extend your mediumship into the wonderful world of Spirit Art. We will look at existing pictures to form our own impressions about peoples’ lives and times. We will then record those impressions in the form of our own new pictures, using shape and colour, with some words to fill in the gaps! Drawing skills will be useful but are not essential. The activities will be light-hearted and fun, and should suit all levels of mediumship. If you are interested in this workshop, you will need to have paper and colours (pencils/pastels) available.</p>
 <p>Janine Savient Janine is an Intuitive Visionary, a Seer, Published Writer, Speaker and Facilitator! A ‘Messenger for Love’, is what she calls herself, as Love is her Guide, Teacher, and her Truth! Janine has been awake to the truth of herself and this reality since she came here! Her focus and passion are found in supporting all those ready to awaken to themselves also. Through her awareness of life as a multi layered reality, and herself as a multi-dimensional Being, Janine shares her knowing with those ready to deepen their own life experience. Her mission is to help raise the vibration here to Love, through all that Love brings... (Truth, Trust, Compassion, Unity, Gratitude, Courage, Thriving, Joy, Peace, Freedom) ... and this is done through the opening of minds and hearts around this planet. The new emerging world is created via these beautiful inner doorways through which pure Love enters this reality.</p>	<p>The Inside View (Looking in, to find out what is really happening in our world) – What is this time of great change really all about? Why is it happening? We will discuss the changes happening right now in our world and more importantly, inside ourselves. Why it’s so important that we keep our focus inward and not become distracted by getting caught up in the world narrative. It’s a big subject and could appear like it has many parts, many truths! However, there is only one source of truth and that is found within each of us! Who are you? Why did you come into this time NOW? What is your part in all that’s going on in this world? The world you are living in is showing up now as having a deep level of untruth as its foundation. This ‘untruth’ has formed your beliefs and understandings of who you thought you were and what you believed life was about! As you awaken now, you are realising how far away you have been led from what’s real, within you. I will share with you my knowing of life, and then we will have a question-and-answer segment, followed by an inner journey to support your deepening connection to your own personal source of truth. The Great Awakening is ALL ABOUT YOU ... awakening out of the dream and into reality! A reality that is only now, forming through your own awakening / opening heart.</p>

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Jansie Bond

Jansie is a “forever student” and as an Energy Coach helps many people to understand and manage their energy on a personal and corporate level. Through her healing modalities she teaches people to understand we are light beings with various frequencies and vibrations.

When we work with the divine spark in all of us, we realise that our physical body is the only place we can live on this earth and we owe it to ourselves to learn self-love and ways to take care of our physical, mental and emotional bodies. As a colour therapist, self-discovery facilitator, yoga teacher and author she creates the peaceful space for people to change their stressful lives into lives filled with health, happiness and love.

“Everyone should consider their body as a priceless gift from One who loves us above all; a marvellous work of art, of indescribable beauty, and mystery beyond human conception, and so delicate that a word, a breath, a look, nay, a thought may injure it.”

Astro-Biochemistry, the Miracle of ME (My Energy) – In this workshop the age-old wisdom of Astrology and Tissue Salts have been combined, bringing you an easy and practical way to take care of your body on a cellular level. People belonging to certain star signs (*sun signs*) tend to be deficient in certain salts. It is also important to look at the opposing sign and its disorders since these have an important influence on the individual, especially round their birthdays, when the opposing elements are at their peak. As Energy beings we strive to expand our energy into ever higher dimensions, by learning how to manage our energy. During our life’s journey we become aware of the vibrations of our thoughts, feelings and our words. In the word Miracle hides the sentence: “I am a Miracle”. Managing our energy to heal ourselves physically, emotionally and mentally makes our spirits sing. Join me in this workshop and experience the wonderful intelligence of your body to heal itself.







Jenny Marshall

Jenny is passionate about all the things she has learnt on her journey thus far and especially her beautiful Dragons.

One of Jenny's core beliefs is that knowledge, insights and learning is only truly valuable when you share with others.

It Must be Love: Dragon Love – Come and join us and discover through meditation and conversation the difference that we can make for Mother Earth and the collective when we connect with this very ancient, powerful and loving energy of the Dragon. It is very important at this stage of the collective journey that we also assist the guides and higher dimensional beings that are assisting us. The gift of giving and receiving is an intricate part of creating and celebrating the connection we have with spirit and each other. Meet your Elemental Dragon guide and let's work together for humanity but don't worry it's not all work, there is also lots of fun to be had.

Midwinter Recharge: Growing in the Energy of Change

 <p>Jenny Marshall Jenny is passionate about all the things she has learnt on her journey thus far and especially her beautiful Dragons. One of Jenny's core beliefs is that knowledge, insights and learning is only truly valuable when you share with others.</p>	<p>It's Elemental – These Dragons are elemental which means they can be one or two of the elements but not all four like we are. Come along and spend some time in meditation with these beautiful, ancient, powerful loving beings and see how your unique energy works with the different elements. Everyone will have something different that they can learn from each of these beings. Every experience is unique.</p>
 <p>Joanne Duncan Joanne is President of Spiritualism New Zealand and does mediumship at her local spiritual centres and churches as well as those further afield. She is passionate about the benefits of the Spiritualist philosophy and sharing her knowledge with others.</p>  <p>Sue Boyle Sue of Spiritalks is a trance medium and member of Upper Hutt Spiritualist Church and Spiritualism New Zealand. She has worked with her Guides for over 30 years and does platform work around the country. She also helps clearing houses, land and entities with her ghost busting team.</p>	<p>Open Circle – This open circle will include meditations, connecting with Spirit, exercises and a chance to try out or practice your gifts. A variety of activities, discussion and joining others in a group energy.</p>
 <p>Kim Chamberlain Kim has been involved in spirituality for over 20 years, and believes that her main gift is that of providing and sharing information. She gives readings, and has channelled intuition cards, rune stones, and books. Kim has always had a love of words and language and is the author of nine published books, four self-published books, and several e-books.</p>	<p>Channelling a book (limited to 8 people) – In this session we will jointly channel a book as a group. I will start the session with a guided meditation. Then, one at a time, you will each have the opportunity to connect with your guides and to channel their wisdom and positive energy to teach us how to move peacefully, and in a heart-centred way through these changing times. We'll record the session, and afterwards I will collate this wisdom into a beautiful e-book, which can be shared with others. If attending the session, it will be helpful if you are comfortable with channelling. The session may be a catalyst for you to channel your own book later.</p>

Midwinter Recharge: Growing in the Energy of Change



Michelle Buchanan

Michelle is a Certified Law of Attraction Practitioner and Numerologist who has studied numerology for 31 years.

Michelle is the Hay House author of *The Numerology Guidebook*, *Numerology Made Easy*, and the *Numerology Guidance Oracle Cards* and from 2009 to 2013 she was the resident Numerologist for TVNZ's *Good Morning* and Spiritual Columnist for *Woman's Day* magazine.

How to Manifest Miracles in 2022 – 2022 is a very significant year in numerology. However, despite the worldwide upheaval and uncertainty beneath the scenes, there is plenty of opportunity to create miracles in your life within this dynamic and unique combination of numbers. In this workshop you will learn how to make the most of 2022 based upon your own 'Personal Year Number' that is more personal to YOU, as well as the 'Universal/World Year Number' that influences everybody in the world. You will also discover how to use Universal Laws such as the Law of Attraction to create a better quality of life during these significant times of energetic change.

Numerology to Uncover your Destiny and Life Purpose –Your name and date of birth were no accident! In fact, they uncover the blueprint of your soul's journey during these very significant times of energetic change. Learn how to use the ancient science of numbers to calculate your Destiny and Life Purpose from your birth certificate name and date of birth in this fun and easy-to-understand workshop with international numerologist, Michelle Buchanan. Here you will learn about your personality strengths, challenges and major life lessons in this life.



Richard Parker

Richard has been involved in Spiritualism for 15 years in this lifetime, following in the footsteps of both his Father and Grandfather. He has held several officer positions in his local Spiritual Church, including President.

Richard endeavours to keep a youthful soul by teaching others. His special passion is Healing.

Healing: A Brief History and a Reflection from the Experts – Do you want to know more about the origin of Healing from years gone by, and take a special look at one of the introductions to Spiritual Healing in New Zealand? You will hear about Spiritual Healing generally and gain some tips and suggestions from the Masters of Healing on how to avoid the pitfalls. Do come along to receive with an open heart.

Midwinter Recharge: Growing in the Energy of Change





Sika

Sika is a sound artist based in the South Island, dedicated to creating music that enhances our relationship with nature.

Sika has toured internationally since 1993, offering sound journeys and concerts. The didgeridoo forms an important foundation for his music, however he also uses drums, native flutes, voice and a broad selection of both traditional and historical Maori instruments. Giving voice to wood, skin, bone, stone and shell, his work reflects a lifetime of listening to the rhythms of nature. Other sources of sound such as water, fire, trees, animals and wind are used with the ultimate intention to build soundscapes that enable us to leave time. After years of gathering and making instruments, Sika has recorded ten solo albums and recorded as a guest artist on dozens of other projects. As a collection these projects tell the story of a man who has followed his yearning to create a life grown from the roots of the past, but sowing the seeds of the future.

Full Moon Sound Journey – What is a Sound Journey? A Sound Journey is an inner experience. Unlike listening to a concert, people generally lie down, close their eyes and listen to Sika playing sounds. Sika has been offering Sound Journeys for over 30 years. He's best-known for playing the didgeridoo, which has an ancient, grounding quality. Participants often feel the vibration in their bodies, as Sika moves around the space while playing. He also uses less familiar instruments such as Māori Taonga Puoro, which can have haunting and ethereal 'voices'. This adds to a sense of mystery and helps us drop into meditative, wordless states. In essence a Sika Sound Journey is unlike any other and is akin to being immersed in your own movie with soundtrack. *"Given the chance to watch your own life movie complete with music score, who wouldn't want to take this experience?"*

Midwinter Recharge: Growing in the Energy of Change

 <p>Sonya Barron My work is dedicated to helping you reconnect with and bring forth the wisdom that has been inside of you the whole time. I've had the privilege to apprentice with a dreamworker in her late 80s who had been tending dreams for over 40 years.</p> <p>I dived deep with Indigenous dreamers who generously shared their wisdom and love for living in harmony and balance with all of life, showing me how tending to our night dreams was truly an act of benefit to all including Mother Earth. There is still much to learn about dreaming, come along and see how your dreams want to guide you.</p>	<p>The Power of Working with your (Night) Dreams – Working with your night dreams helps you to develop deep self-trust, embrace uncertainty and illuminate your path forward. Each night your soul gifts you with guidance, with maps, with answers to your life's deepest, most private questions but most of us have lost the art of listening to and knowing how to be with the wisdom our dreams contain. As we pay attention and work with them they can give us an internal strength to help us navigate these changing times. Dreams work with us on all layers of our being, during times of great change there is power in anchoring yourself into practices that work with you on a level deeper than the thinking mind. For those who feel like they don't dream or can't remember their dreams in this presentation I'll share a few simple practices that will help reconnect you to the flow of images, symbols, themes and emotions that occur while you are sleeping. For those who are already strong dreamers I will be sharing some insights and practical tools to help you strengthen your practice. There are many 'techniques' out there that teach you how to interpret your dreams, however I am interested in connecting you to your sacred truth, your way of being in the world and working with your dreams in a way that nourishes all parts of you.</p>
 <p>Sue Boyle Sue of Spiritalks is a trance medium and member of Upper Hutt Spiritualist Church and Spiritualism New Zealand. She has worked with her Guides for over 30 years and does platform work around the country. She also helps clearing houses, land and entities with her ghost busting team.</p>	<p>Ghost Busting – Are you interested in learning about the way this is done? What happens when you are called to help those with haunted land, houses or objects? This discussion group will be about all that and your experiences. Sue Boyle has cleared over 130 places and has many fascinating stories about how it's done and the different reasons why spiritual energies stay around earth-side.</p> <p>What do you Want to Know? – A trance channel session from the Guides of Sue Boyle. They will engage with you to answer your questions, discuss your journeys, and give guidance. This is an opportunity to talk to the Guides direct who bring humour, love and peace. Have your topics at the ready for the workshop you direct.</p>

Midwinter Recharge: Growing in the Energy of Change



Susan Camerson

I am Susan Cameron from the Capricorn Spirit. Over the years I have undertaken a journey to understand how rocks, stone and Crystal energy works, investigating how they can support healing from disease with the metaphysical properties attributed to the different crystals. This has seen me complete Certification as a Crystal Reader and in Advanced Crystal Therapy, Chakra Realignment and Crystal Healing and a Certificate in Clinical Hypnosis and am currently undertaking Reiki Training. Key for me is to provide holistic healing services and support for those people wanting to use crystals personally or in their healing practices.

Metaphysical Properties of Crystals

– For my session I am going to discuss the metaphysical properties of a range of crystals and the various ways to use them. Some of the crystals I will be discussing are: Blue and Green Apatite, Rhodochrosite, Chrysocolla, Lodolite Quartz, Mookaite and Caribbean Calcite.



Trilby Johnson

Trilby has always been a pioneer going where her quest for knowledge and experience has led her. Her story is one of overcoming self-loathing and embracing self-love. A natural sage and alchemist, Trilby has the ability to help others return to LOVE. Her gift is in helping people identify what is most in the way of their highest self, and create new energetic pathways so they can release and resolve all that no longer serves. Trilby has learned to harness the POWER OF LOVE to dissolve conflict and draw out the light in the darkness. Trilby is a Breakthrough Mentor and Medical Intuitive, Best-Selling Author and Speaker. Today she works online with individuals all over the world who wish to embody their wisdom and move beyond limitation and assists them to stop struggling and feeling stuck by finding inner harmony and outer balance in body, mind and soul.

Salts of the Earth for Metaphysical Embodiment

– The Schuessler Biochemic Therapy and use of tissue or cell salts has been around for about 200 years. In this class Trilby will share what these tissue salts are and why they are essential to the human body and their role in our metaphysical well-being and embodied living. As your Home on Earth, your body is your Temple and everything you experience, is via and within this Temple. Transformation occurs via the body and find out how these salts of the earth are the doorway. Plus the tool provided by the body that is key! Trilby shares her own story of how despite an extensive quest for knowledge and experience, her life changed with these tissue salts and enabled her to live life as an embodied spiritual being. There will be time for Q&A.

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