

Different Types of Spirit Guides

There are many types of loving spiritual entities who can become your guides. These entities are energy and may come to you in a diverse range of ways. You may be given a name, a form, or you may recognise them by their energy. Connecting with your guides can help you to reconnect with your inner being, your soul, and can help you become your authentic self.

Examples of the different types of guides are:

Angels

These are beings of light that can guide and help you. They work with people by communicating messages and sharing higher vibrational energy. In addition, they can assist in triggering your intuition and helping you to move in the right direction for the pathway you have chosen.

Guardian Angels

This is the angel that is with you from birth and supports you throughout your life's journey. They know what you have chosen to achieve in this lifetime and will help and support you to move in the right direction to complete your plans.

Archangels

These are highly evolved spiritual beings of the light. They support you whenever you ask but, like all spirit guides, will not interfere without your permission. Like Ascended Masters, they can appear to different people simultaneously in locations across the world. The seven main archangels are Archangel Michael, the Warrior Angel, Archangel Raphael, the Healing Angel, Archangel Gabriel, the Messenger Angel, Archangel Ariel, the Angel of Nature and Animals, Archangel Azrael, the Angel of Death and Archangel Chamuel, the Angel of Peaceful Relationships.

Ascended Masters

They were once human, and they lived lives of deep spiritual growth and influence. They have finished their cycle of reincarnation and ascended into the spiritual realms where they now use their knowledge to help people achieve their personal ascension paths. Some of the Ascended Masters are Mother Mary, Jesus, Maitreya, Quan Yin, Saint Germain, Sanat Kumara and Melchizedek and there are many more.

Ancestors

These are loved ones who have passed over. They may be family members that you have known in this lifetime or come from further back in your lineage. They can support you in many practical ways and also in healing and clearing limiting beliefs that have been passed down through generations.

Star Beings

These are beings that come to help you from other star systems such as Pleiades, Arcturian, Andromedon, Lyrian, Sirian and Orion. They generally come to help humanity evolve as souls and progress on the ascension path.

Animal Spirit Guides

These can be known as Power Animals or Totems and are guides who come in the form of animals. They often come to offer you their strength and protection and to support you in overcoming fear. They are there to help you to stay grounded, remain in tune with Mother Earth, and to thrive in this lifetime.

Gods and Goddesses

These are beings who have typically gone through the cycle of physical incarnation to become divine spiritual beings. They often hold their personalities and character traits and bring these through as they guide and teach those still on their physical incarnation journeys. Some well-known names of gods and goddesses include beings such as Hathor, Lakshmi, Ganesh, Odin, Freya, Yemanya, Isis, Horus, Thoth, and many, many more.

Guides and Helpers

These are those who have chosen to remain in the spirit realm in order to share their knowledge and understanding with individuals on the earth plane. They may stay with an individual for a short time to help with a specific situation or they may stay longer to encourage the person's spiritual growth.