Our presenters have a wealth of knowledge and experience that they are looking forward to sharing with you as well as learning from you.

Fundamentals of trance mediumship with Annette and Arthur Plumpton In this session we will introduce the fundamentals of trance mediumship. This will include: • How trance differs from mental mediumship. • What are the requirements for trance mediumship. • Some of the Do's and Don't's when practicing trance. • Some practice at working with the trance state.	**Annette Plumpton** – Annette has been involved with Spiritualism for 14 plus years. Over this time, she has been a Committee Member, Treasurer and Facilitator for one of the local churches while it was operating. She is a Medium, Healer and Speaker. One of her passions is teaching and she actively develops her skills in order to share her knowledge with others. Working with crystals, especially when healing is something she really enjoys as she has always had an affinity with crystals. **Arthur Plumpton** – Arthur is an Ordained Minister of the Spiritualist National Union (SNU) based in the UK. He has been involved with Spiritualism for over 40 years working as a Medium, Healer and Speaker and holds diplomas in Healing Speaking and Administration. Now formally retired he is extremely busy with the work for Spirit and continues to develop his skills in various forms of Mediumship. Beekeeping is one of his many hobbies along with supporting the local theatre stage productions.
Connecting and Working with your Soul Energy with Barbara Hand Deepen your connection with your soul as we explore ways and means to do this, including ways that you can raise your vibration and reach higher levels of understanding. Learn to use this connection to change your perception of the world around you and of the way you connect to all that is.	**Barbara Hand –** Barbara joined Petone Spiritualist Church in 1996 and went on to run workshops, development groups and was Treasurer and then President for six years. She has been involved with Spiritualism New Zealand from the start, helping to create the new format and becoming their Registrar. She is passionate about developing a national organisation that all spiritual people can be a part of. Barbara is also a partner in Spirit Wings running workshops, development groups, retreats and fairs.

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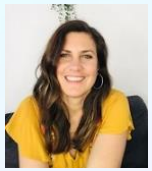
Learn how your night dreams contain potent messages that help strengthen your self-trust and increase your sense of worthiness with Sonya Barron

Connecting with and understanding the medicine contained within your night dreams helps to highlight your blind spots. This allows you to expand out of limiting patterns and into authentic self-expression, connect you with your life purpose and empower you to make the changes you are longing for in your life.



Sonya Barron - Hi I'm Sonya - my work is dedicated to helping you reconnect with and bring forth the wisdom that has been inside of you the whole time. I've had the privilege to apprentice with a dreamworker in her late 80's who had been tending dreams for over 40 years. I dived deep with Indigenous dreamers who generously shared their wisdom and love for living in harmony and balance with all of life, showing me how tending to our night dreams was truly an act of benefit to all including Mother Earth. There is still much to learn about dreaming, come along and see how your dreams want to guide you.

The Power of Self-Healing with Mandy Horton

Cellular Memory is the complete Blueprint of our existence. Nothing we experience escapes being imprinted into our Cellular Hologram. This hologram is also the Planets. Taking responsibility for this I was able to change my life and the life of the Planet I know. This is what we are removing now and replacing with our Higher Human New Earth Template. The elements of our Divine Blueprint are interwoven within our Cellular Memory. What we think has a huge bearing on what we feel. We cannot have a thought without an emotion attached to it so when we become aware of our thoughts and therefore our feelings we start taking control of the world we are living in. Through us we create it a new. Whatever the inner world, so is the external. So whatever is happening around you and to you is an expression of your inner most feelings. Your internal world.

Mandy Horton –Mandy is the author of "Simple Harmony" and Creator of "The Harmony Method, a Light Practitioner, Multi Dimensional Communicator, Spiritual and Life Development Educator, Cellular Memory Practitioner, Natural/Light Body Assistant and Reader with the gifts of Mediumship, Clairvoyance, (all sensing), Creator and Presenter of Centre Of Connection and Intimate Conversations, Love Speaks, Light TV, and Public Speaker.

Mandy travels New Zealand holding workshops, seminars, lectures, which have taken her into Australia, connected through Skype/Zoom to many around the world in Canada, UK, Singapore, Thailand, and Ireland. She has featured in a number of articles about Mediums and Clairvoyants in New Zealand and Canada, including an article in NEXT Magazine.

Creating Art with the Help of Spirit with Jane Stephens - Learn a technique for interacting with the spirit world to create a visual image. We will use art materials so that your communication with the spirit world can be captured in a lasting form. The gentle, reflective process of art enables the spirit world to come close. Find out how the pictures you make can be a source of knowledge and inspiration, a communication with your own spirit or a postcard from the spirit world just for you! Don't worry, you do not need to be able to draw to do this workshop, but just to have an interest in using colour and materials in a sensitive way.

Jane Stephens – Jane is a Spiritual Artist and works to produce portraits of relatives and friends now in spirit, as well as inspired art from images sent to her by the spirit world. She began working as a Spiritual Artist in Cardiff, Wales, where she received her initial training, and has gone on to work on platform in Wales and England, as well as churches throughout New Zealand. Jane is passionate about inspiring people to become involved with Spiritual Art and to develop their gifts. Jane has led circles, courses and workshops in New Zealand and the UK, both in person and online, during her 30-year involvement with Spiritualism. Jane is also an artist, regularly exhibiting in Wellington venues.

Dragons and Unicorns, Myths??, Fantasies?? or Real?? with Diane Thomson

Whatever you believe, will become manifest, for you are a part of everything, and everything is a part of you. Science is now proving that what was unseen can be seen, visually or energetically, and does exist. Throughout the aeons of time, elementals, dragons, unicorns and other creatures have been used as allegories to teach as cultural examples and morals. In this quantum day and age, with 'techo' progress outstripping all else, who is to say that they are not real. Work with different energies to find out for yourself?

Diane Thomson - Diane has been aware of spirit around her all her life. She started consciously developing her spiritual side about 35 years ago firstly attending workshops for her own personal development. She was involved with the Spiritual Churches in the Wellington area from 1990 as a platform medium, circle leader and running workshops. Diane and Barbara Hand are partners in Spirit Wings which runs spiritual circles, workshops, retreats and Mind Body Spirit Fairs.

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It's Time to Shine with Helen Barnes

A workshop to release past and present life issues and karmic contracts.
Are you tired of feeling stuck?
Do you feel held back but not sure why?
Is there an unfulfilled potential within you?
Are you ready to expand into the fullness of you?

If so there may be deeply hidden trauma in your cellular memory. This trauma may be from past lives with unresolved business or from present life issues. Karmic contracts may still be in play that have passed their use by date.

Remember you are a divine being having a human experience and your soul came to earth to heal and grow. Using the language of Light, harmonic sounds of creation, Helen will assist you to let go of what no longer serves you releasing you from limiting beliefs, programmes and behaviours.

It's time to shine. Come along and set yourself free. The real, divine you is ready to expand beyond physical limitation into the radiance that is you.

Helen Barnes - Helen started channelling the language of Light in 2003, and was one of the first to do so in New Zealand. Since then she has embraced sound healing in all her work. Her sound work intensified when she lived at the pyramids of Egypt and continues to be a powerful tool for transformational change. Helen describes sound as one of the most potent healing vibrations with which to work. She is a seeker of truth and dedicated to be of service to the light. www.helenbarnesmystic.com. Email: helenbarnesmystic@gmail.com, Phone: +64 (0)21938024

The Ultimate Pathway to Expansion - a sharing circle around death, dying and experiences in-between with Kirsty Salisbury

Join us for a hosted discussion about everything death, dying, the afterlife and everything in-between. This discussion will be open to chatting about personal experiences, beliefs and what we think might happen during the dying process. This discussion event will be open, where no specific experience is necessary, and all are welcome to join free of conclusion, belief, or the need to do anything.

Kirsty Salisbury - Kirsty is a speaker, podcaster and coach exploring the topics of life, death and experiences in between. Following a Near-Death Experience at 12 years of age, Kirsty is passionate about widening the conversation around death and the afterlife. Through her podcast 'Let's Talk Near Death' Kirsty shares personal stories of life after near death, and events of significant spiritual transformation. Kirsty is an Advisory Board Member of Spiritual Awakenings International (SAI), an IANDS (International Association of Near Death Studies) certified Facilitator, and host of the Auckland Death Cafe. Outside of her podcast, Kirsty is a certified End of Life Doula and Author. Her books 'Dying Well' and 'A Life by Design' help to empower others to delve deeper into the topics of resilience, regrets, and how we can take a holistic approach to both life and death.

Dowsing – A Journey Beyond our Five Senses – Suzanne Gibbs

The delight about dowsing is everybody can, some better than others, depending on how much they practice. There is a practical, exciting journey waiting for everyone interested in the skill. Dowsing has undergone a paradigm shift from the useful but relatively mundane science of finding water and lumps of metal to the realms of a spiritual search into the mysteries of human consciousness and its relationship with the earth. I will give you notes; cover a brief history, talk about the tools then we will play. I dedicate this wee course to Hamish Miller who spent time in New Zealand with Barry Brailsford in the late nineteen nineties, I attended a weekend workshop in Christchurch and have been passionate about divining ever since.

Suzanne Gibbs – Having soaked up metaphysical information from above and below for the best part of a long while, I push boundary's – Women's New Zealand Skeet shooting team – Bred some of the best Hunting Springer Spaniels in NZ **–** Have sold everything from Cosmetics to car parts and completed my Practitioner training in Reflexology, Jin Shin Jyitsu, Metamorphosis, along with many other modalities and post Grad courses. I will assist your mind to open to ancient concepts and Quantum probabilities.

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Understanding Mediumship and Making Your Mediumship Count with Ann Rynbeck This workshop is suitable for those new to mediumship but wishing to have a greater understanding as well as those with experience, and will include ways to strengthen and improve your mediumistic ability as you connect with the Spirit world while keeping it real; understanding whether you are working mediumistically or psychically, taking away the fear of being wrong with what you are getting and why No's can be your friend, along with tips and tricks to guide you on your Spiritual pathway. Learning, connecting and working with Spirit should always be an enjoyable experience in a non-competitive environment where all steps forward are celebrated, no matter how small they may seem at the time.	**Ann Rynbeck** - Ann is a Spiritual Medium and Psychic who runs multiple zoom online and in-person mediumship circles and workshops. Ann is also a Guest Medium at various Spiritual centres around Auckland and elsewhere. She is lucky enough to live near a beach with family close by and is an avid fan of getting outdoors into nature. Her real passion though is in teaching mediumship in an ethical and responsible manner, and the understanding of our soul purpose so that we can live our lives fully with joy and meaning. Website: www.annrynbeck.com, Facebook: https://www.facebook.com/annrynbeckspiritualmedium, Email: ann@annrynbeck.com
Your Life, Your Purpose with Sue Boyle Everyone has a purpose, a dream. Join Sue's Guides who give understanding and guidance of your life's purpose. A trance channel session run by the Guides to help you move forward on your pathway of growth and spiritual awareness.	**Sue Boyle** - Sue has worked with Spirit for over 40 years as a channel for their wisdom words, healing and performing house cleansings and blessings. She moved to Upper Hutt and joined the spiritualist church, meeting with like-minded people. She works on church platforms and as a reader and healer for the Oasis Healing Centre. The idea of brining people together to support and empower them motivates her to be a part of Spiritualism New Zealand.
How to work with the New Vibrations to create deeply satisfying relationships with Amanda Cartridge Times are changing and new vibrations are being offered to us on earth. Our expanded awareness comes with both opportunities and responsibilities towards ourselves and others. You may have found dissatisfaction with your relationships and not really understand why. Maybe you want to connect at a deeper level and can't seem to be able to do that, or the people around you can't meet you where you are. You may undertake regular personal or spiritual growth work and still find you want more substance and depth in your relationships. Come along and learn new skills and perspectives through interactive activities that will support you in your relationships as you continue on your journey of growth and expansion.	**Amanda Cartridge -** Amanda officially started her spiritual journey in her early 20s although she has always had a connection with spirit and chooses to live a spiritual life on a daily basis. Over the years she has trained in a wide range of natural healing modalities including 4 years studying and applying energy medicine principles and techniques in her life. She has dedicated her career and her personal life to learning and development with a focus on continual improvement. She is passionate about making a difference and loves to facilitate others' learning.
Reflect and Replenish with Joanne Duncan Reflect: Contemplate, ponder, meditate. Replenish: Refresh, recharge, restore. Join Joanne for a gentle, reflective, grounding session to share what you have learnt during the retreat. Bring your full energy and attention, with the intent of being present in the moment, to replenish your whole person, body, mind and spirit. This is a time to integrate all that you have experienced, and to explore where it might take you.	**Joanne Duncan -** Joanne has been involved with spiritualism for over 30 years, has served on the Porirua Spiritualist Church committee in various roles since 1993 including being president. She is a registered healer and does mediumship at her local spiritual centres and churches as well as those further afield. Since taking on the role of National President of the Spiritualist Church of New Zealand (SCNZ) in 2015, Joanne has worked with a group of passionate, knowledgeable people on devloping a clear vision for how the SCNZ could evolve and refresh itself, leading to the formation of Spiritualism New Zealand of which she is President.

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Into the Subtle Realm – Chakras, Auras and using Crystals with Cara Elliott

An exploration of Crystals to realign and recalibrate our sacred energy centres (Chakras), as a pathway to expansion and alignment with our soul's journey. We will discuss and experience:

- The use of Crystals in everyday life (including choosing, cleansing, programing/activate & store your crystals)
- Experience a renewed perspective of what it means to be grounded
- Learn about the psychology of each Chakra
- 12+Chakras & Aura & how they relates to our wellbeing
- Crystal Healing & Meditation

Cara Elliott - Cara Elliott has been working as Life | Soul transformational Coach and Energy Healer for over 20 years. Offering life – changing energy work, whilst supporting people on their soul's journey. With a background in Social Work and adult training/education Cara also offers a variety of wellness Retreats, spiritual Workshops and online crystal courses.
www.caraelliotthealinghouse.com

Forward Planning with the Universe - A practical guide to co-create the life you want with Eunice Stott Libraries are full of books on how to change your life. But how many of us have actually managed to do it? This workshop is a practical guide, with practical strategies to help you co-create the life you want. Are you willing to work with the magic of the Universe? Are you willing to:

1. Commit to self-change.
2. Learn how to speak to the Universe.
3. Learn how to Trust in the Universe.
4. Learn how to Hear the Universe.
5. Learn how to Plan ahead AND Stay in the Now and Flow at the same time with Universal Energy.
6. Accept that You are working with the Universe With your Soul Abilities.
7. Acknowledge and accept that as a Soul with a Body your responsibility is to live your best life possible.
8. Truly accept that you are not Alone.
9. Learn how to ask Your Higher Self and Spiritual team for help - the right way.
10. To accept that you will always get what you ask for - it just may be different to what you expect…

Then I'm willing to show you how.

Eunice Stott - Eunice Stott has enjoyed a long and successful career as a clairvoyant and medium, spiritual counsellor and Bach Flower Practitioner. One of her specialties is working with clients who wish to access and understand their information within the Akashic Records. A gifted teacher, Eunice founded the NZ School of Psychic Arts and has since worked with countless people who possess psychic abilities but need the confidence to understand the messages they receive – and why? Although she still practices as a professional clairvoyant, Eunice founded the school to teach and train others to embrace and work with daily spiritual communications. The school caters for all. From Clairvoyance Beginners Online classes to Mediumship and Advanced Levels of Clairvoyance taught in person over a weekend of intensive training. A true school, boasting a comprehensive syllabus alongside tried and true teaching techniques, the school ensures a step by step education culminating in examinations and passing grade certificates. Eunice welcomes enquiries for individual sessions as well as enquiries about the School of Psychic Arts and available courses.