

2024 energy

According to numerology, 2024 will be an incredibly powerful year. This year is a Universal Year 8 (2+2+4) and some of the energies worldwide that that will affect all on our planet include abundance and prosperity, personal power, karma, purpose and ambition, challenges and responsibilities, an encouragement to remove masks, love and relationships, and balance. If you would like to know more about these aspects, check out our article in the Learn About Series on the Seekers page of our website and featured in this newsletter.

So 2024 is a year for not holding back but instead going for what you really want. It's time to have the courage to step into your power and claim your abundance. This is a year to manifest your goals, to take charge of your life, and to face the consequences of your actions. It is also a year to be aware of looking for a balance in all things in your life, not only in the physical aspects but also in your emotional, mental and spiritual aspects. It is a year to move forward but also to be very aware of yourself and who you are.

Eight also represents the infinity symbol, which is encouraging everyone to complete karma instead of constantly repeating cycles. You know how those things that you thought you had finished with, keep coming back into your lives. Well this is the year to really look carefully at what you need to do with them, what you are still carrying about them and release them totally from your physical body and energy fields. Use love, use gratitude, use forgiveness both for yourself and others. Use whatever is needed to allow you to let go and move forward in your life.

But the coming year isn't about charging ahead with brute force. It's more about tapping into your hearts to better access your creativity and love. The word that can be a guide for all of you is 'soft,' meaning soft strength and soft power. To do things this way, there's going to be a real emphasis on your hearts: opening them, thinking from them, and having your heartbreak lead you into heart-opening and compassion. It's not about pushing, but instead, moving from your inner confidence and authority.

It's a time for finding that inner spark, finding whatever your heart really desires—and nurturing it. This is really the year to start shedding all the decisions you've had to make out of necessity or others expectations and moving into what it is that you truly want in your life.

At times you will need to be strong as old systems may crumble while new ones emerge, both in yourselves and your outer world as an 8 Universal Year can feel hectic and daunting at times. So you need to remind yourself often that these changes are necessary in order to be able to move forward.

The most important attribute of the number eight lies in its symmetrical shape and its relation to the infinity symbol. The number is associated with flow – be it related to energy, material wealth or wisdom.

Take a moment now to gently make the infinity symbol with your hand. Move your hand slowly around the shape and feel the gentle flow of energy. Allow yourself to take that energy into your heart centre, giving you a feeling of peace and serenity. You can use this exercise at any time to bring yourself back into that feeling. Try doing it with your finger, especially if others are around. You can still get the flow of energy happening for you.

This year, you will prosper according to

- the strength of your determination,
- your discernment of the information you take in,
- and the depth of your awareness.

The 8-year vibration will provide the means – the personal power – and the impetus to move you forward to achieving those needs.