

## **Eight Aspects of 2024 Energy Channelled by the Phoenix Group**

The Phoenix Group consists of nine experienced mediums who meet once a month to work spiritually together. For the January meeting, spirit asked them to allow their guides to write about eight aspects of the energy that will be available to all on the earth plane this year. The channelling was to focus on how these aspects would affect our world and all those on it, and how each of us can help this process to be a positive one.

### **Abundance and Prosperity**

These aspects are your spirit-given states of being, your true selves. These states of being are too readily hidden, forgotten, or lost. The connection with these starts within and spreads outwards, for that is the connection with all life energies. Trust it is so and let it expand to help all with the daily existence of being human.

Your personal circumstances may limit your acceptance of these two states. In your insular and singular lives - along with your busyness of being, of existing - it is all too easy to put them aside, to cease to acknowledge their presence within you. It is important to accept them as a part of yourselves, and to show gratitude for their presence. This enables you to allow the light of spirit to shine through you out into the world, to join with other energies of love to help bring change to the world balance.

Spread these energies with your entire planet, to share the abundance and prosperity that fills your world. Use them for nations to work in collaboration – to help all people be equal. There is unlimited abundance to be shared to all people and situations, and if used wisely, greed could drop away. It is just a matter of belief and faith in humankind. This is about recognising that it is possible to share what is available with all, to allow a better balance in the style and standard of living for everyone.

Recognise also that this is not only referring to the physical wealth but also the mental, spiritual, and nutritional wealth that needs to be available to all. Be open to new solutions being made available as you share these energies in a positive fashion.

Abundance and prosperity energies can also be used positively for the world via the communications systems. This is happening more and more quickly. The good that is being done is disseminated as fast as stories of disaster. So those who are 'haves' wish their blessings to be available to the 'have nots'. Money donated to good causes creates a flow; this has to be returned in some like fashion, eg a Pacific Island is about to become uninhabitable (sea level change, polluting fresh ground water supplies etc) but it is possible for the community to be uplifted and resettled where they can contribute. Is that a form of recycling? Or is it unthinkable that viable solutions might be found to preserve such places?

Send the flow of love and abundance out every day to create prosperity for all. There is no reason that starvation and poverty cannot be overcome in a relatively short

space of time. It takes belief, and with belief anything is possible. There is no limit to what can be achieved with unconditional love. By genuinely sending the vibration of abundance and prosperity into the world for everyone to receive, it will come back to the sender tenfold. Anybody no matter their situation, if they are open to receiving will receive the abundance and prosperity vibration. It will lift their personal energy. Their needs will be drawn to them. The more of energy of abundance and prosperity that circles around, the more the momentum will grow in a positive way

Times have changed but this is a timeless truth and now it needs to be highlighted to give hope and a sense of positiveness. Trust there is enough for yourself and expand this to let others feel that energy. Let the softness of your own sense of serenity spread out and enjoy being part of the continuous flow that also touches your own daily life.

## **Personal Power**

So where does personal power come from? Personal power manifests in the world in many ways. You feel it, you sense it in the force and might of the oceans, in the strength of the wind, in the natural world that brings you beauty to wonder at. The power is also found in the flowers, the trees, the sunlight, and the stars. It is there in the sound of the bees, the flight of the butterflies. It shows in the seeds of the earth that germinate, unfold, and grow in the cycles of life.

Your personal power alone is too easily tainted by ego and misconceptions. You need to blend it with the power of nature, to gain use of its fullness. Give gratitude that the personal and the natural powers can be blended.

Tune into the power of nature as often as you can. Allow it to be sent out to the earth. You are part of this power and are bonded to its presence through the energy flowing throughout infinity.

Personal power is the action of doing, of being, and of sharing. The more humanity learns to share all aspects of life, the easier every life becomes. It releases stress, the stress of wanting more in both inner and outer aspects (spiritual and material) of life. When you do this, you let yourself relax and accept the opportunities that are presented on a daily basis without expectations of any particular outcome and without trying to force an outcome.

Power is kind, thoughtful and compassionate this year. It is a part of your will and your striving to live, an acknowledgment of your being part of the all. If you are in your personal power of authentic unconditional love and compassion, your vibration is of light. It will then enhance whatever your attention goes to and will "Light up the world" due its effect on all things, all beings. This ripple effect of the energy gives others the chance to change their actions, thoughts, and deeds.

It is important this year, for those in power to use their skills of leadership in a way that works for all. While this is a difficult ask, the energy this year is encouraging all to use this power in a positive way; to allow feelings of joy and love to guide decisions rather than using the energy to belittle people and create imbalance in society; to

share the energy and allow those having leadership over others, to absorb it. Whether it be a small group or a large country, it will give these people the opportunity to change their perspectives of how the world needs to operate and to allow the changes to happen that will bring a healthier, balanced society into your world.

You will be using your personal power in a gentle way that will speak your truth. The listener will feel the truth and power in your words. Those who once had power over you and tried to tie you into their plans will now be quietly embarrassed. They now see the strength of who you really are. To take back your power will be a beautiful and freeing thing. You will be doing it in the most loving way. Spirit will help with your words. Take your challenge deep within and the words will come.

There is no reason to fear personal power for it can be used to make huge changes in your world. Softly softly catchee monkey. Pushing gently with love to any situation that you choose can flip it on its head. Even though you have no idea how you could possibly make a difference, it is so. Send the energy and it is done! It is amazing how powerful one small human being can be. Be peaceful, loving, happy, light, joyous, harmonious, forgiving, compassionate, and allow this to spread.

## **Karma**

Karma is the result of cause and effect. It can be both positive and negative – it can be seen as beneficial and as a hindrance. Its mainstay is in balance – that pivotal point that favours neither the positive nor the negative. Earth is changing all the time, so too are people.

The energy this year will encourage nations and people to put a stop to the never-ending karmic circles that they practise. To complete and change their procedures, to tie off loose ends to allow themselves to move forwards rather than looping back and repeating what has already been tried. The way to move forwards is to allow the new energies to create and sustain changes in your society, to let go of old ways that no longer work; and to not look backwards but move forwards on the love vibration so that your world can transform into the peaceful, loving state that so many are wishing for.

There is much talk of karma, karmic relationships, good and bad and who is deserving or not. In the end it is all about life and life experiences to advance the Soul. Take each individual and treat them as you yourself wish to be treated. Be open to accepting other life forms that can be in harmony for all concerned. Be open to working in other ways – listening and communicating. There is no good or bad at Soul level, there is only love and acceptance, so go with that and the whole world will be a better place to live, work, and play.

If all were in karmic balance, there would be more love in this world. As the balance shifts toward the love aspects of being, then the karma of all that has been also shifts. It dissipates as more love and kindness is shared worldwide and as humanity feels the lessening of this subconsciously carried load. The karmic mass of energy which is the historic inheritance of all who now reside on the earth plane is softened by the light of love. Focus gently on this karmic mass as you send out love. Think of this as positivity in motion.

The earth as it is now, is a direct result of input and output from humankind – from all your individual and collective thoughts, choices and decisions. While acknowledging the negativity, and the pollution that has been dealt out to the earth, you need to remember that each of you has the ability to help redress that karmic balance of the world through the laws of cause and effect.

The time is now, for you to make the choice to be sure that you only send out restorative thoughts, choices and decisions.

## **Purpose and Ambition**

So, does the world itself have ambition? A purpose? A need or desire to achieve. Yes, it does. For this is the essence of life – of living!

The life force is present in all things. The desire to prevail, to continue, is a tool of life, of living. Perhaps the overall purpose of existing is to achieve blending and cooperation between all life in its multitude of forms. Not only here on earth, but throughout the galaxies, the universes, and beyond.

For there is much ambition in your world which can be interpreted as a negative thing, however you need ambition to achieve great things. A dream requires ambition to come to fruition. The dream of world peace and prosperity can be achieved with the ambitions of many people. As you dream, let it be. And there is a sense that the more light that enters into the stream of the planetary energy, the greater the ability to create change. This is the spiritual aspect of ambition and achievement. The process is not speedy for whatever is fed into the planetary energy will take some time to spread into effectiveness. No effort in this area is too small. Ambition is an idea which translates into achievement by willingness and effort.

This energy will flow smoothly to those who are using their ambition and achievement in a way that is useful for moving your earth forward. However, those who aren't will face conflict and indecision as the energy will be encouraging them to shift their focus. These are the ones who are likely to use this energy in a negative way and it is important that there is an abundance of positive energy to give them the opportunity to change their perspectives. For when ambition is held tight, regulated, and shaded, that pathway will be stunted, the light of life degraded and less able to manifest and grow. However, ambition, when given the freedom to grow will bring life closer to its ultimate fulfilment.

As you all know, change can be slow and painful, so there will be changes on your earth plane in ways that may not feel comfortable but need to be supported so that they can reach their ultimate goal. Remember that change takes many steps and you can't always see the final outcome so it is important to feed positive energy into your atmosphere on a regular basis to support those who are choosing to use their ambition and achievement in a positive way and help others to change their direction.

## Challenges and Responsibilities

There is a sense of freedom this year as old habits are dropped and lifestyles are changed with energy coming from many sources. Challenges and responsibilities are carried with a lightness and sense of positivity. That which carries too heavy a weight will be dropped. It is sink or swim. Feel good about your choices when they are made with openness and look again when the weight remains.

There is a responsibility to preserve what's possible, but not to regret what passes away. The normal cycle of life has *always* been to arrive, flourish, and then become extinct. Institutions and civilisations follow the same rule. Because everyone faces challenges and has responsibilities, the energy of this year encourages everyone to take up your challenges, to face them and to use your power to overcome them.

However, the flip side of this is to understand the responsibility that comes with dealing with the challenges. To understand the use of the power and the knowledge to recognise that there are two ways of doing everything. Each person makes their own choices about which path they will take. Spreading the positive energy of these attributes will give all people the opportunity to recognise that they have the ability to overcome their challenges in a heart-felt, responsible manner.

Humankind has been dealing with challenges and responsibilities throughout time. It is the stuff of life, the stuff of survival. For these two words - challenges and responsibilities - allow you to use that spirit-given aspect of being human, which is to make choices. To understand that it is not what happens to you or what happens in the world, but rather what you choose to do about what is happening.

It is how people respond to this aspect that affects the energy of the world. Some challenges may have a negative connotation and those in the spirit realm suggest viewing them as opportunities or projects rather than something that is going to be hard to do. If you are responsible for your own development there can be more harmony. It is learning to look at responsibility in all stages of life and how that develops you as a person and why you may take a responsibility in one way and another, totally opposite. Who is right? Harmony in accepting both ways.

You are free to make your choice of thought or action – but with this freedom, you need to remember that the responsibility for your choices lies squarely with yourselves.

The world needs your balanced use of your freedom of choice. Being judgemental is not of help, nor is using an emotional response like worry or stress. Attune and work with spirit and see this perhaps as a duty of care.

This is a year of challenges for many of you. Also a year of stepping up in regards to taking responsibility for past and present actions. There are many things that are “wrong” in your world, accepted activities governed by greed and power. Money rules, or at least has done until now. But the world is changing, people are opening their eyes to what has been done, is still being done for money and big dollars for the few, rather than abundance shared by all. It is time for transparency and accountability in your world and it WILL happen. With love and the desire to care for Mother Earth and her people, big changes are imminent and it is GOOD!

## **Take off the Masks you wear**

2024 is the year lies will be exposed. Those in power who have mistreated and misled the vulnerable will be exposed and held to account. What's been hidden needs to be revealed as layers of 'make-up' are peeled off, as the world pries its way towards truths. This will be a year when many will be encouraged to speak their truth and to acknowledge who they truly are. This will bring distrust as new truths are revealed, but will move your world along to a new understanding for all on your planet.

The masks a country presents are influenced by the political and powerful, and by the peoples' thoughts and expectations. These masks have the potential to also be removed from governments and organisations, as deceptions are revealed, and restructuring is required to acknowledge the new understanding. Beneath all the masks is a being or organisation of love and truth - of love for your planet and an understanding of what is needed. To be able to remove these masks, there will need to be a shift from a focus on monetary worth to a focus of what is best for all who dwell on your earth plane. The energy is there to encourage this, but the emphasis remains on humans to allow the changes to happen.

The masks that you wear in your personal lives can be changed - or continued with - at any time. However, it is time for the truth, time to remove the masks! For if you don't choose to live your truth, how can you affect what is happening? In small increments take the steps to remove your masks. Those masks can be an avoidance or seen as a stage of development and learning. You tend to believe that the mask you see shows reality, whereas it is only showing what is allowed to be shown.

The challenge to take off the masks will be vehemently resisted – seen as a challenge - but love wears resistance away. Removing the masks will allow people and countries to show vulnerability and will be steadfastly resisted. Yet, the time has come to take off the masks and reveal the true nature of all on the earth plane. To be yourself and be the light and love.

Everyone shares the same challenges when learning to live their own personal truth. This year is not just about what you see and show others, it is also about the way you live, what you do, what you say, how you act. As energies flow there may be aggravation, defensiveness, negative feedback from some people, but for each sentient being the opportunity is given to show your truth to the world. Why hide when there is so much to share? Remember the surface of anything does not display the soul of anything. This is the year to let your soul light shine.

## **Love and Relationships**

“Love makes the world go round.”

Unconditional love influences all aspects of life – how you go about your day – your interaction with your garden, with others, with animals, with self, with food, with home. Feel the connection with everyone and everything around you. Feel the flow of energy that connects, and is the source of all. When you acknowledge the future of all is inextricably intertwined, there is a sense and understanding that life is you, you are

life, everything you see is you, everything you see is life. Respect that relationship and acknowledge the love that is the basis of your existence – past, present and future. Absorb this truth and Live It.

This aspect is also connected to world peace and it is up to each country to forgive and forget past disagreements and atrocities, learn from these and move forward to a united one world for all. You are all the same, regardless of colour, creed or status. You all want the same things for your families, a safe haven to live, health and happiness, and things that bring joy to your lives - freedom, open spaces for children to play, clean water and pure air.

The way to manage these aspects are first learnt during your early lives and circumstances. As you grow, you come to realise that you are able to make choices for change if you wish. As you grow further, you come to understand that the love and relationships you each hold and understand, also energetically influence the society, the environment, and the country that you live in.

You have a great responsibility to manage and allow these concepts to become fully formed. Your understanding of love and relationships will change constantly, as too does the world in which you live change constantly. You need to attain the wisdom to allow these changes to occur and to learn from them, both individually and collectively.

And so this year there is a focus on all connections being made on a love basis so that forward planning is done - not to the detriment of those who live on your planet - but for the betterment of all. If all were to live in that positive relationship, then all affect the energy of the world – peaceful, no wars, respecting one another.

## **Balance**

In your current society, balance is required in all things. Imagine a seesaw, up, down, up, down. You must have the up to create the down and vice versa. So what does this mean in a world situation? Some have chosen to be here for the ‘down’. It is all part of the cycle of life, death and rebirth, of growth and decline, of black and white with the various shades of grey in between. And it is those shades of grey that your world is moving towards, to create a new balance.

Currently, balance too easily implies an equality. As in ‘for’ and ‘against’, ‘positive’ and ‘negative’, ‘right’ and ‘wrong’. It is these dualities that allow judgement. Imagine, if you were to say, ‘I think this and I am right’. That would imply others are ‘wrong’. This would not necessarily be so. It is no more and no less than your opinion. Having such inflexible and restricted opinions doesn’t allow for the continuation of growth and change. Life is not static, all species and life forms change and adapt, some taking aeons, others change in a moment.

The concept of seeking balance between two points of view doesn’t fit with the energy this year. Perhaps instead you should be seeking a cooperation, a common ground between the great variety of life forms. All life has a right to exist and to be. All life must be able to grow and to develop.

Strive for a cooperation on earth. Forget the 'how' – ask spirit. Use the infinite flow of your soul and spirit energy that is there for the taking, while you get on with helping the evolvement of life and the infinite.

Your world is moving past duality into a more peaceful, loving state and so the word balance needs to take on a different understanding. There no longer needs to be a wrong to balance a right. Rather there needs to be an understanding that within the centre of these dualities is a new balance, an acceptance and understanding that every person has the right to their own life and their own reality, and with that acceptance there comes a new balance of love and compassion.

When you have a sense of peace, of rightness of action, then you are living in balance. There is no stress, no indecision, no regret. Balance is there in the moment. It is not a fixed point. As with life, it moves. In this year where the infinity symbol shows the way of energy flow, then balance can be achieved.