



Spiritualism

New Zealand

**Spiritual
Healing
Manual**



SPIRITUALISM NEW ZEALAND HEALING MANUAL

Contents

1. Introduction
 - 1.1. Aim of this course
 - 1.2. Your motivation
 - 1.3. This manual
 - 1.4. Disclaimer for spiritual sealing services and workshops
 - 1.5. Recommended reading material
 - 1.6. Acknowledgements
2. What is spiritual healing?
 - 2.1. Overview
 - 2.2. What is spiritual healing?
 - 2.3. Benefits of spiritual healing
 - 2.3.1. How spiritual healing works
 - 2.4. Code of ethics for spiritual healers
 - 2.5. Standards of best practice for spiritual healers
 - 2.6. Passing on messages (from spirit)
3. How to do spiritual healing
 - 3.1. Attunement
 - 3.1.1. Attuning to the divine source and spiritual helpers
 - 3.1.1.1. Meditation to attune with your healing guides
 - 3.1.1.2. Allowing the connection to expand
 - 3.1.2. Attuning to the client(s)
 - 3.1.3. Attunement and connection challenges
 - 3.1.4. Closing the connection
 - 3.2. Energy protection and grounding
 - 3.2.1. Protection
 - 3.2.2. Grounding
 - 3.2.3. Selfcare: Releasing static & negative energy
 - 3.3. You are the channel
 - 3.3.1. Selfcare: Channelling, not using your energy
 - 3.4. Introduction to cultural considerations
 - 3.4.1. Cultural considerations for Māori



SPIRITUALISM NEW ZEALAND HEALING MANUAL

- 3.5. Energy exercises
 - 3.6. Preparation of the environment and self
 - 3.6.1. The environment
 - 3.6.2. Personal preparation
 - 3.7. Where to Place Your Hands
 - 3.7.1. Initial considerations
 - 3.7.1.1. Introductions
 - 3.7.1.2. Healing using a chair or healing bed
 - 3.7.1.3. Hands-on or hands-off healing
 - 3.7.1.4. Hand positions
 - 3.7.1.5. Closing the session and final instructions to client
 - 3.7.2. Where to place your hands with the client sitting
 - 3.7.3. Where to place your hands with the client lying down
 - 3.7.4. Where to place your hands with two or more healers working together
 - 3.8. How long to heal
 - 3.9. Using your senses for feedback
 - 3.9.1. Before the healing
 - 3.9.2. During the healing
 - 3.9.3. After the healing
 - 3.10. Healing children and teenagers
 - 3.10.1. Consent
 - 3.10.2. Sick children
 - 3.10.3. Suspected abuse
 - 3.10.4. Recommendations
 - 3.11. Healing animals
 - 3.11.1. Recommendations
 - 3.12. Healing people with new energies
 - 3.13. Medical co-operation
 - 3.14. Contra-indications: When not to heal
 - 3.15. Practical mini-assessment of spiritual healing basics
4. Absent Healing
- 4.1. The art of absent healing
 - 4.2. Connection challenges



SPIRITUALISM NEW ZEALAND HEALING MANUAL

5. Laws & Regulations
 - 5.1. HDC Code of Health & Disability Services Consumer Rights
 - 5.2. Privacy Act
 - 5.3. Human Rights Act
 - 5.4. Other Legislation
6. The Healing Environment
 - 6.1. Colour in your healing environment
 - 6.2. Sound in your healing environment
 - 6.3. Scents in your healing environment
 - 6.4. Crystals in your healing environment
 - 6.5. Other Energy in your healing environment
 - 6.6. Client record keeping
 - 6.7. Practical mini-assessment of spiritual healing preparation & process
7. Healing Aids
 - 7.1. Healing guides & angels
 - 7.2. Breathing techniques
 - 7.3. Using a pendulum in healing
8. Basic anatomy
 - 8.1. The major organs
 - 8.1.1. Learning for spiritual healers
 - 8.2. The endocrine system (hormonal glands)
 - 8.2.1. Hormones
 - 8.2.2. Endocrine glands
 - 8.2.3. Endocrine dysfunctions
 - 8.2.4. Learning for spiritual healers
9. Energy systems and spiritual healing
 - 9.1. Introduction to the body's primary energy systems
 - 9.1.1. Our bodies as energy systems
 - 9.1.2. Principles of energy healing with the energy systems
 - 9.1.3. The nine main energy systems
 - 9.2. Chakras
 - 9.2.1. Where from
 - 9.2.2. Analogy

- 9.2.3. Proof
- 9.2.4. Description
- 9.2.5. What they affect
- 9.2.6. Chakra systems with more than seven main chakras
- 9.2.7. Learning for spiritual healers
- 9.3. The Aura
 - 9.3.1. Where from
 - 9.3.2. Analogy
 - 9.3.3. Proof
 - 9.3.4. Description
 - 9.3.5. What it affects
 - 9.3.6. Learning for spiritual healers
- 9.4. Meridians
 - 9.4.1. Where from
 - 9.4.2. Analogy
 - 9.4.3. Proof
 - 9.4.4. Description
 - 9.4.5. What they affect
 - 9.4.6. Learning for spiritual healers
- 9.5. Triple Warmer
 - 9.5.1. Where from
 - 9.5.2. Analogy
 - 9.5.3. Proof
 - 9.5.4. Description
 - 9.5.5. What it affects
 - 9.5.6. Learning for spiritual healers
- 9.6. Radiant Circuits
 - 9.6.1. Where from
 - 9.6.2. Analogy
 - 9.6.3. Proof
 - 9.6.4. Description
 - 9.6.5. What they affect
 - 9.6.6. Learning for spiritual healers
- 9.7. Celtic Weave

- 9.7.1. Where from
- 9.7.2. Analogy
- 9.7.3. Proof
- 9.7.4. Description
- 9.7.5. What it affects
- 9.7.6. Learning for spiritual healers

9.8. The Five Rhythms

- 9.8.1. Where from
- 9.8.2. Analogy
- 9.8.3. Proof
- 9.8.4. Description
- 9.8.5. What they affect
- 9.8.6. Learning for spiritual healers

9.9. The Electrics

- 9.9.1. Where from
- 9.9.2. Analogy
- 9.9.3. Proof
- 9.9.4. Description
- 9.9.5. What they affect
- 9.9.6. Learning for spiritual healers

9.10. The Basic Grid

- 9.10.1. Where from
- 9.10.2. Analogy
- 9.10.3. Proof
- 9.10.4. Description
- 9.10.5. What it affects
- 9.10.6. Learning for spiritual healers

10. Influential spiritual healers

- 10.1. Brief history of spiritual healing
- 10.2. Jesus Christ
- 10.3. Harry Edwards
- 10.4. George King
- 10.5. Matthew Manning



SPIRITUALISM NEW ZEALAND HEALING MANUAL

10.6. Rose Gladden

11. Next Steps

11.1. Final assessment of practical spiritual healing knowledge & ability

11.2. Requirements to complete registration

11.3. On-going requirements & support after registration