



# SPIRITUALISM NEW ZEALAND HEALING MANUAL

## 2 What is spiritual healing?

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### 2.1 Overview

The Oxford dictionary defines spiritual as: *“of spirit as opposed to matter, of the soul especially as acted on by God; of or proceeding from God, holy, divine, inspired”*<sup>1</sup>. Spiritual healing comes from Spirit / God / the Divine / Life Force / the Universe, therefore it is divine healing. Regardless of race or religion, it follows that spiritual healing is not the product of any particular religion, but is a gift to all mankind, the human family.

The words *“spirit”* and *“spiritual”* originate from the Latin word **“spiritus”** meaning *“breath”* / *“breath of life”* or *“spirit”*. And just like our breath goes deep into our body to sustain our lives, the *“spiritual”* in the words *“spiritual healing”* refers to spiritual energy working at a deep level on our spiritual being in order to influence and support the rest of the body as well.

The following concepts form the basis of spiritual healing, and you will find these messages repeated and expanded upon throughout this healing manual.

- In spiritual healing, the healer is attuned to the vibration of Spirit so that rays of energy, which are normally beyond the range of our world, can be sent through the healer into the client.
- Spiritual healing is the request for energies to bring a healing change within a client. It is set in motion by the mental request of the healer to spirit guides or a divine energy source. The healer need only ask the healing guides for the healing rays, and they are there.
- All healing is governed by universal laws. For example, if it is someone’s time to pass, spiritual healing will not change that, but it can make that passing more comfortable.
- Healing is dependent upon the law that states **“there must be a thought form request for help before any healing can take place”**. Ask and you shall receive. Do not just expect the healing to happen without asking.
- The healer is a channel or instrument through which the energies flow when attuned in spiritual healing work. Healing is not achieved by the healer’s body. The healer is only the instrument via whom the healing forces are passed.
- Always remember that the foundation of all healing is *“Divine Spirit”*: without it you have nothing.

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<sup>1</sup> The Concise Oxford Dictionary, Oxford University Press



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- A person's "healing ability is proportionate to the spiritual at-one-ness of the healer with the creative God force". The Wisdom of the Soul by Larry Chang.
- There are three participants in any spiritual healing:
  - Divine Spirit or healing guides.
  - The healer.
  - The client.

The spiritual healer connects them all together. The spirit force flows through the healer's spirit body, through to the client's spirit body, and only then is it able to affect the client's physical body.

**from Spirit ⇒ through Spirit ⇒ to Spirit**

- Spiritual healing is not faith healing. Faith healing relies on the beliefs of the clients, and clients can be atheists, children or animals and still benefit from spiritual healing.

Spiritual healing is not a substitute for conventional medical treatment, but it has a complementary role. It works well with all forms of orthodox and holistic medicines.