



SPIRITUALISM NEW ZEALAND HEALING MANUAL

3.13 Medical co-operation¹

Spiritual healing and conventional medical practice are complementary. Spiritual healing organisations continue to seek a close liaison with medicine, so clients can get the best from both practices. Spiritual healers are not opposed to doctors, and they do not advise patients against seeking medical help, as any ill person deserves the benefits which medical practice can bring.

Sometimes clients will confide in a healer when they have been afraid to go to their doctor. For example, they might have a fear of the diagnosis, being sent to hospital, having surgery, or being sent to a care home. When a healer knows of such a situation where the client may be ill, they should advise the person to go to their doctor to obtain a medical opinion. This will safeguard the healer (and spiritual healers generally) from criticism or any more serious repercussions should the patient pass over from the condition without having sought medical advice.

Generally, if a person is not well, having both spiritual healing and medical treatment is recommended. However, healers should avoid taking credit for any recovery, as that could be coming from a place of ego. The most important thing is that the client has been helped to recover as fully and as quickly as possible.

The only situation where a healer might not advise an ill person to seek medical advice, is when a patient is suffering from an 'incurable' disease and the doctors have declared they can do no more for them. In this case, there may not be any point in recommending further medical treatment. The healer needs to concentrate on providing that client the best possible spiritual healing instead.

Spiritual healers also need to be sure that they don't replace the doctor or other medical practitioner in their client's eyes. A spiritual healer is not qualified to advise on drugs, medications, supplements, exercises, teeth, childbirth, etc. and must never do so. They should never interfere with any medical advice the client has already been given, but rather encourage them to follow it or return to their medical practitioner. See also *Section 2.4 Code of ethics for spiritual healers*, point 20.

¹ This section is paraphrased and updated from Harry Edwards (1974), *A guide to the understanding and practice of Spiritual Healing*, pp111, 135-6, Surrey, The Healer Publishing Company Ltd