



# SPIRITUALISM NEW ZEALAND HEALING MANUAL

## 1 Introduction

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### 1.1 Aim of this course

- To give you the necessary training so you can begin practicing as a spiritual healer.
- To help you discover, nurture, and share your own healing gifts with the world.
- To support your spiritual growth and healing.
- To give you a recognised Certificate in Spiritual Healing and make you eligible for insurance cover with our SNZ insurers.

Once you start your healing training with a recognised SNZ Trainer, you can apply to become a Provisional (trainee) Spiritual Healer. All our healers are required to be police vetted initially and then every five years. Upon receiving a satisfactory police check result, we will process your provisional healer application. Upon acceptance and payment of the appropriate fees, you can start practicing spiritual healing under the mentorship of your trainer and you will be covered by SNZ's Public Liability Insurance (covering you for any damage to a person or property while practising spiritual healing). The annual spiritual healer Practice Fee covers your insurance and continued registration with SNZ.

At the same time, you should start recording your spiritual healing training sessions in a Training Log (signed by your trainer) and spiritual healing practice in a Healing Log (signed by your trainer, healing mentor or the client) so you have a full history recorded by the time you apply to become a Registered Spiritual Healer.

You can apply to become a Registered Spiritual Healer after two years and must complete the process within three years (unless you have applied for an exemption). Your registered healer application needs to be supported by:

- A nomination from your trainer to become a registered healer.
- Your Training Log.
- Your Healing Log.
- Testimonials from four members of the public whom you have given spiritual healing (not members of your family or your healing class).
- Not less than 500 words on "*What is Spiritual Healing, its associated guidelines and ethics, absent healing, and attunement?*".
- A copy of your assessments '5.5 Assessment of basic spiritual healing concepts' and '11.1 Final assessment of practical spiritual healing knowledge & ability'.

Once you have been accepted as a Registered Spiritual Healer, you must attend at least one SNZ training session a year to keep your skill level up and continue to meet the police vetting criteria.



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See the Provisional Spiritual Healer application form, Registered Spiritual Healer application form, Training Log and Healing Log forms for further details, all of which can be downloaded from the spiritual healing pages on <https://spiritualism.org.nz/registered-healers/>.

### **1.2 Your motivation**

Being a spiritual healer should not be driven by ego but by a sense of wanting to help and heal yourself and others. Sometimes it takes time and patience for you and your guides to understand and develop the close healing link that is required to become a great healer. Often the most powerful healers are those that are humble and unassuming, those that are happy to stand back and let Spirit do their work through them.

We can be drawn to spiritual healing for any number of reasons. If any of the following describe you, then this course is for you:

- You feel a “knowing” that you are called to heal others.
- You want to develop and enhance your intuitive skills to improve your own life or help others improve theirs.
- Your hands tingle with energy when around other people or animals.
- You can sense the energy in a room or see colours and energy around people.
- You question your purpose in life and are looking to find a meaningful activity.
- You are a seeker of knowledge – always wanting to learn and grow.
- You are already a healer and want to expand your gifts into a new area.
- You are looking for something to complement the physical and mental healing modalities traditionally used by the medical profession.

Spiritual healing is a form of mediumship (because you are channelling energy) and it can be best developed under the watchful eye and expert guidance of reputable healing mediums.

Be sensible and read as much good literature as you can. Question anything that doesn't make sense and only absorb what sits right with you. The late and renowned healer, Harry Edwards, has written several informative volumes about spiritual healing, many of which are still in print.

All reputable healing organisations, including SNZ, have published Codes of Practice and healers would be wise to follow them. If you have access to a spiritualist church / centre or spiritual healing organisation, ask about the healing books in their library. Public libraries can also be a source of information, but you may have to request that they loan the titles you are seeking.



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### **1.3 This manual**

The information in this manual is designed to be taught alongside your practical training. That's the spiritual healing practice where you put the theory you have learnt into action. Each healing organisation will have its own healing practice and procedures so it will be important to make sure you understand how to apply the theory in the manual to the environment in which you will be working – there will be prompts to remind you. There are practical exercises in many of the chapters that are to be done either in your healing class or individually. This course also includes four assessments so you can track how well you are absorbing the training, and so both you and your trainer can identify if you need any extra help.

The early chapters in this manual are designed to teach you the basics of spiritual healing in order to have you healing safely and confidently as soon as possible. With the basics covered, the latter chapters in the manual look at ancillary aspects to enhance your understanding and healing still further – and help keep you learning and motivated throughout the two-year course.

Training will not necessarily be delivered in the same order as this manual is written. For the sake of interest and variety, you might be trained in topics from multiple sections of the manual in any one training session. As you will receive the pages relevant to your current training only at each training session, we recommend that you purchase a ring binder or other similar holder that will allow you to add and insert pages into your manual following the manual's page numbering system.

This is a living manual. As new material is researched, and as the trainers and trainees give feedback, this manual will be updated. We appreciate your input into this manual.

### **1.4 Disclaimer for spiritual healing services and workshops**

We are not physicians and the ideas, procedures and suggestions discussed in the healing classes and workshops are not intended as a substitute for the medical advice of a trained health physician or veterinarian.

It is an offence for anyone not qualified as a physician or veterinarian to practise as one, to diagnose or prescribe medicine. If the condition seems serious to us, we must advise the client to seek medical advice from a physician or veterinarian in relation to the condition.

For all health matters that require medical supervision, consult your physician before adopting any suggestions discussed or material read in any books (as well as any other condition that may require diagnosis or medical attention).



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The teachers of the SNZ spiritual healing course and the authors and published material used by the teachers during any discourse or healing workshop, disclaim any liability arising directly or indirectly from the use of this information. Note that this training course, should not be interpreted as an independent guide for self-healing, although it may help in that respect.

SNZ recommends the following reading material to further develop your understanding of spiritual healing. Some of these topics will be discussed during the course.

We do not intend to exploit any material extracted or copied, and we respect the copyright stated by any author or publisher. Our intention is to enhance the awareness of healing to others by using short extracts for quotation, review, and teaching.

### **1.5 Recommended reading material**

- Harry Edwards – Any of his spiritual healing books including *“A Guide to Spiritual Healing”* and *“Guide to the Understanding and Practice of Spiritual Healing”*
- George King – *“You Too Can Heal”*
- Michael Bradford – *“Hands on Healing”*
- Echo Bodine – *“Hands that Heal”*
- Larry Chang – *“Wisdom for the Soul : Five Millennia of Prescriptions for Spiritual Healing”*
- Jack & Jan Angelo – *“Sacred Healing: A Soul-based Approach to Subtle Energy Medicine”*
- Richard Lawrence – *“The Magic of Healing”*
- National Federation of Spiritual Healers – *“Study Course No 1”, “Study Course No 2” “Study Course No 3”* (out of print)
- Richard Gordon – *“Quantum Touch”, “Your Healing Hands”, “The New Human”*
- Barbara Ann Brennan – *“Hands of Light”, “Light Emerging”, “Core Light Healing”*
- Spirit Guide Vorna – *“The Manual of Healing”*

### **1.6 Acknowledgements**

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