



SPIRITUALISM NEW ZEALAND HEALING MANUAL

11.1 Final assessment of practical spiritual healing knowledge & ability

Trainee	Assessor/Trainer
Name:	Name:
Phone number:	Phone number:
Date, time, place:	
Trainer / Training organisation:	

Categories	Rating 1-5	Notes (from observations & answers to questions).
Environment		
Appropriate venue		
Equipment		
Set up		
Temperature		
Ambience / atmosphere		
Safe		
Energetically cleansed the space (e.g. smudged, meditation, etc.)		
Personal Preparation		
Timeliness (on time)		
Cleanliness		
Cleared self (e.g. meditation, etc)		
Connected to Spirit		
Protection		
Introduction		
Introduced self		
Elicited client needs		
Explained spiritual healing		
Potential reactions / effects explained		

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Categories	Rating 1-5	Notes (from observations & answers to questions).	
Got written consent from guardian if client a minor			
Explained location of amenities (e.g. toilets)			
Relaxed client			
Delivery Appropriate position for client (sitting/lying)			
Ensured client comfortable & in charge			
Asked permission to touch client if hands-on healing			
Initial connection reassuring (e.g. prayer, shoulder hold, etc)			
Appropriateness of hand positions			
Connection to Spirit			
Connection with client including checking on their welfare during healing			
Responsiveness to questions & client's body language			
Timing			
Did the client look relaxed & peaceful?			
Closure Appropriate method to ground client (e.g. hold feet, drink of water)			
Assistance to alight / sit / stand			



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Categories	Rating 1-5	Notes (from observations & answers to questions).
Final instructions to client (e.g. effects, drink water, continue to relax)		
Answered questions		
Closed session with client		
Disconnected & self-cleared		
Professionalism		
Appropriate attire		
Personal hygiene		
Manner / confidence		
Clear communication with client		
Safety of client		
Personal safety		
Ethics & confidentiality		
Responsiveness		

Feedback from Client: (At least one assessor needs to have asked the client for feedback on how they found the experience – can be done openly or privately after the healing session.)



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<p>Outcome: To pass the assessment all elements of each section must have a pass mark or have “N/A” where the topic has not been applicable. Are there any aspects in which the healer could do better? Are there any aspects in which the healer is excelling? Overall competence?</p>		
<input type="checkbox"/> Improvement plan to be set with Trainer		
Signed trainee.	Date.	Comments.
Signed assessor.	Date.	

Notes for the assessor:

This assessment is focused on the healers’ ability to create a comfortable and safe healing space (including the equipment) for their healing, attune themselves for healing, communicate with and give spiritual healing to the “clients” in a manner that is safe, competent and professional.

Observe what the trainee healer does but you will also need to ask questions after the healing to understand what else might have been going on that wasn’t obvious e.g. “Tell me how you prepared everything and yourself before you started the healing.” If both/multiple assessors are observing the same trainee, co-ordinate the results of your observations before deciding what questions still need to be answered. (But if multiple trainees are being assessed, you might split the observation of trainee healers between you.)

Review your results together before feeding back to the trainees. One of the assessors might notice a trend that is relevant to many of the trainees’ assessments. If interviewing the clients for feedback privately in the days following the assessment session, the feedback to the trainee will be delayed until after this has been done.

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Rating 1-5	Description
1	Does not meet
2	Nearly meets
3	Meets but could improve
4	Meets but could improve, fully meets some aspects
5	Fully meets
N/A	Not Applicable where outside the healer's control (e.g. Venue & room temperature where the venue is set by the trainer).

Environment Healer to use own equipment and props, or organise to borrow them for the purposes of the evaluation. The healer will be responsible for the set up and checking of “their” equipment and healing environment. Things like the room temperature may be dictated by the overall environment, however the healer may need more blankets available for the client if it's cold. If multiple healers bring music players, note the intention but do not expect them to each play their music in a confined, shared space.

Energetically cleansed the space For example, may be done with incense, smudging, candles, sound, white light meditation, prayer, visualisation etc. If using incense, smudging or scented candles, the healer should first ensure the client(s) and other healers don't have allergies to them. Spaces dedicated to healing will probably need less cleansing, only cleansing between clients (e.g. changing any used linen, clearing with white light).

Cleared self; Connected to Spirit; Protection For example, may be done with meditation, prayer, visualisation, smudging, etc. May all be done together and cleansing the space included too.

Explained spiritual healing Depending upon the client's familiarity with spiritual healing, may have to explain what spiritual healing is, what the client might feel/experience, how it is performed in this environment (e.g. hands on or off, lying down or seated, etc), how long it will take and how they will know when it's finished.

Initial connection reassuring Initial energetic connection with client, for example, may be a prayer, shoulder hold, energy scan, etc.

Connection with client including checking on their welfare during healing. If the healer closes their eyes during the healing, this will include regularly looking at the client to check that the healing is progressing as expected (e.g. client has relaxed into the energy) and that the client is still comfortable. If the healer is changing positions during the healing, it may be done at that time.

Timing Was the length of the healing session appropriate, rushed or extended unnecessarily.



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Appropriate method to ground client For example, may be done by holding the client's feet, leaving the client on the table/seat to let the energy run its natural course, giving the client a drink or biscuit to eat, talking to the client). It is important that the healer ensures the client is grounded before they leave them as crossing the road, driving a vehicle, etc. may be dangerous in an ungrounded, unfocused state.

Final instructions to client For example, may include talking with the client about the healing continuing beyond the session, the effects the client may feel, recommending that they continue to drink plenty of fluid to flush away any toxins released, recommending that they continue to relax and take it easy for the day, and requesting that they contact the healer if they have any further questions or concerns afterwards).

Closed session with client This may be as simple as giving them a farewell hug, saying goodbye and or seeing them safely off the premises. It needs to be appropriate to the healer and the client and contribute to the client's overall experience healing, safety and wellbeing. For example, not everybody finds the closeness of a hug comforting nor appropriate.

Disconnected & self-cleared For example, may be done by washing hands, flushing self with white light (visualisation), quick meditation to cut energetic connection, or prayer, etc.

Safety of client; Personal safety would include taking another healer along if privately healing someone unknown or of the opposite sex. This might need to be investigated by questioning during the assessment as there are usually other healers about when being assessed. "Tell me how you would ensure your personal safety and that of the client if there weren't other healers and assessors about like now?"