



SPIRITUALISM NEW ZEALAND HEALING MANUAL

11.1 Final assessment of practical spiritual healing knowledge & ability

Trainee	Assessor/Trainer
Name:	Name:
Phone number:	Phone number:
Date, time, place:	
Trainer / Training organisation:	

Categories	Rating 1-5	Notes (from observations & answers to questions).
Environment		
Appropriate venue		
Equipment		
Set up		
Temperature		
Ambience / atmosphere		
Safe		
Energetically cleansed the space (e.g. smudged, meditation, etc.)		
Personal Preparation		
Timeliness (on time)		
Cleanliness		
Cleared self (e.g. meditation, etc)		
Connected to Spirit		
Protection		
Introduction		
Introduced self		
Elicited client needs		
Explained spiritual healing		
Potential reactions / effects explained		

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Categories	Rating 1-5	Notes (from observations & answers to questions).	
Got written consent from guardian if client a minor			
Explained location of amenities (e.g. toilets)			
Relaxed client			
Delivery Appropriate position for client (sitting/lying)			
Ensured client comfortable & in charge			
Asked permission to touch client if hands-on healing			
Initial connection reassuring (e.g. prayer, shoulder hold, etc)			
Appropriateness of hand positions			
Connection to Spirit			
Connection with client including checking on their welfare during healing			
Responsiveness to questions & client's body language			
Timing			
Did the client look relaxed & peaceful?			
Closure Appropriate method to ground client (e.g. hold feet, drink of water)			
Assistance to alight / sit / stand			



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Categories	Rating 1-5	Notes (from observations & answers to questions).
Final instructions to client (e.g. effects, drink water, continue to relax)		
Answered questions		
Closed session with client		
Disconnected & self-cleared		
Professionalism		
Appropriate attire		
Personal hygiene		
Manner / confidence		
Clear communication with client		
Safety of client		
Personal safety		
Ethics & confidentiality		
Responsiveness		

Feedback from Client: (At least one assessor needs to have asked the client for feedback on how they found the experience – can be done openly or privately after the healing session.)



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<p>Outcome: To pass the assessment all elements of each section must have a pass mark or have “N/A” where the topic has not been applicable. Are there any aspects in which the healer could do better? Are there any aspects in which the healer is excelling? Overall competence?</p>		
<input type="checkbox"/> Improvement plan to be set with Trainer		
Signed trainee.	Date.	Comments.
Signed assessor.	Date.	

Notes for the assessor:

This assessment is focused on the healers’ ability to create a comfortable and safe healing space (including the equipment) for their healing, attune themselves for healing, communicate with and give spiritual healing to the “clients” in a manner that is safe, competent and professional.

Observe what the trainee healer does but you will also need to ask questions after the healing to understand what else might have been going on that wasn’t obvious e.g. “Tell me how you prepared everything and yourself before you started the healing.” If both/multiple assessors are observing the same trainee, co-ordinate the results of your observations before deciding what questions still need to be answered. (But if multiple trainees are being assessed, you might split the observation of trainee healers between you.)

Review your results together before feeding back to the trainees. One of the assessors might notice a trend that is relevant to many of the trainees’ assessments. If interviewing the clients for feedback privately in the days following the assessment session, the feedback to the trainee will be delayed until after this has been done.

Rating 1-5	Description
1	Does not meet
2	Nearly meets
3	Meets but could improve
4	Meets but could improve, fully meets some aspects
5	Fully meets
N/A	Not Applicable where outside the healer's control (e.g. Venue & room temperature where the venue is set by the trainer).

Environment Healer to use own equipment and props, or organise to borrow them for the purposes of the evaluation. The healer will be responsible for the set up and checking of “their” equipment and healing environment. Things like the room temperature may be dictated by the overall environment, however the healer may need more blankets available for the client if it's cold. If multiple healers bring music players, note the intention but do not expect them to each play their music in a confined, shared space.

Energetically cleansed the space For example, may be done with incense, smudging, candles, sound, white light meditation, prayer, visualisation etc. If using incense, smudging or scented candles, the healer should first ensure the client(s) and other healers don't have allergies to them. Spaces dedicated to healing will probably need less cleansing, only cleansing between clients (e.g. changing any used linen, clearing with white light).

Cleared self; Connected to Spirit; Protection For example, may be done with meditation, prayer, visualisation, smudging, etc. May all be done together and cleansing the space included too.

Explained spiritual healing Depending upon the client's familiarity with spiritual healing, may have to explain what spiritual healing is, what the client might feel/experience, how it is performed in this environment (e.g. hands on or off, lying down or seated, etc), how long it will take and how they will know when it's finished.

Initial connection reassuring Initial energetic connection with client, for example, may be a prayer, shoulder hold, energy scan, etc.

Connection with client including checking on their welfare during healing. If the healer closes their eyes during the healing, this will include regularly looking at the client to check that the healing is progressing as expected (e.g. client has relaxed into the energy) and that the client is still comfortable. If the healer is changing positions during the healing, it may be done at that time.

Timing Was the length of the healing session appropriate, rushed or extended unnecessarily.



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Appropriate method to ground client For example, may be done by holding the client's feet, leaving the client on the table/seat to let the energy run its natural course, giving the client a drink or biscuit to eat, talking to the client). It is important that the healer ensures the client is grounded before they leave them as crossing the road, driving a vehicle, etc. may be dangerous in an ungrounded, unfocused state.

Final instructions to client For example, may include talking with the client about the healing continuing beyond the session, the effects the client may feel, recommending that they continue to drink plenty of fluid to flush away any toxins released, recommending that they continue to relax and take it easy for the day, and requesting that they contact the healer if they have any further questions or concerns afterwards).

Closed session with client This may be as simple as giving them a farewell hug, saying goodbye and or seeing them safely off the premises. It needs to be appropriate to the healer and the client and contribute to the client's overall experience healing, safety and wellbeing. For example, not everybody finds the closeness of a hug comforting nor appropriate.

Disconnected & self-cleared For example, may be done by washing hands, flushing self with white light (visualisation), quick meditation to cut energetic connection, or prayer, etc.

Safety of client; Personal safety would include taking another healer along if privately healing someone unknown or of the opposite sex. This might need to be investigated by questioning during the assessment as there are usually other healers about when being assessed. "Tell me how you would ensure your personal safety and that of the client if there weren't other healers and assessors about like now?"



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Notes for Trainer / Assessment Organiser:

This assessment will probably be the focus of an entire training session for the healers being assessed. It is a formal practical assessment to be done on each trainee at completion of the training course and after their 2 years of experience. It is focussing on ensuring the healer is safe and competent going forward, whether healing in an organisation/church or privately, identifying any areas for improvement (and that may need further training) and areas of strength. It is part of ensuring your (organisation's) training of the healer has been successful and thorough (as nobody ever wants their healer's training brought into question in a coroner's inquest or law suit).

As part of the instructions you give the healer(s) for this final assessment, please review the assessment form with them before the assessment date. It is similar to the previous assessments they have had. You may ask them to write their name and phone number on the form ready for you to give to the assessor. Only the assessors will have the assessment forms during the assessment itself.

Enlist the assistance of people largely unfamiliar to the healers to act as clients so the healers' skills when dealing with new clients can be assessed (so not others from their healing class or people they regularly heal). So perhaps call on friends, family, retired healers, clients that haven't been to healing very often recently. If multiple healers are being assessed, you might ask them to each bring a friend or family member that is willing to receive a healing from another healer. Each healer will be channelling healing energy for a different client.

Enlist the assistance of other trained experienced SNZ registered healer(s) to help perform the assessment, those that are independent of the training class if possible. The trainer may perform the assessment of a healer as long as there with another registered healer also assessing independently. So each provisional healer may be assessed by the trainer plus another registered healer, or just by another registered healer. An assessor may be able to supervise two healings concurrently if the healers are situated in the same proximity. If the number of assessors is limited, you may need to schedule the assessments at different times.

Some planning needs to go into the ordering of the final assessment session so you have time to debrief the assessors before the healers arrive and then have time for the healers to set up before the "clients" arrive. Also ensure each healer has adequate space to set up his/her spiritual healing equipment plus whatever props he/she might bring to create his/her own unique healing environment (e.g. small table, box of tissues, ornaments / crystals, etc.) Decide if you (the trainer) or the assessor is to review the assessment results with the healer afterwards.

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1. Have assessor(s) arrive 10-20 minutes before the healers so you have time to debrief them about the session and let them get familiar with the assessment form. They will need an assessment form (pp. 1-6) for each healer they will be assessing. Less debrief time is required if there are only one or two assessors and if the assessor(s) have done this assessment before. They need to be ready when the healers arrive so they can observe the healers as they set up and check their equipment / environment, and attune themselves for healing.
2. Have the healer(s) arrive and assign the assessors to their healers, ensuring the healers and their assessors are located together if the assessor is assessing multiple healers. The healers should have been debriefed well before the assessment session, and so already be aware of what they needed to organise and bring to the assessment (including any additional things they wanted to bring to create “their” healing environment) and what they will be assessed upon.
3. Allow the healer(s) time to set up their environments and do their attunement before having the “client(s)” arrive. If they arrive early, get them to wait somewhere away from where the healers are setting up so they aren’t getting in the healers’ or assessors’ way. When all the clients have all arrived, debrief them so they know they are helping with a practical assessment of the healers during which they will receive spiritual healing. If they have had spiritual healing before, instruct them to pretend they haven’t so the healers can be assessed on their explanations of what spiritual healing is. Assign the clients to the healers, preferably so they don’t know each other.

After the healing, both the healers and the clients need to remain available so the assessors can ask any final questions.

Give feedback to each healer after the assessment (at a time to suit) or you could get the assessor to give feedback directly. File the results and give the healer a copy of the results for their file and to submit with their Registered Healer Application.