

5.5 *Assessment of basic spiritual healing concepts*

This is an “open book” assessment of your understanding of the basic spiritual healing concepts. It can be done at home and with the aid of your spiritual healing manual. This is not a pass /fail assessment. It merely helps your trainer assess the class’s progress and determine whether more time needs to be spent on any of the basic concepts taught so far.

Please answer the following questions on separate sheets of paper and return them to your trainer / assessor by _____(Date). Please ensure that your name is on each sheet of paper and that the answer to each question is numbered.

1. Someone that you don’t know approaches you at your healing centre (or church) and explains that they know nothing about spiritual healing but are curious to find out more. The person asks you to explain what spiritual healing is and what it can do for them. Using your own words, what do you answer?
2. Explain how you prepare and attune yourself ready to do spiritual healing?
3. A mother approaches you with her young child. The mother asks you to give her child spiritual healing while she goes off to have a cup of coffee with her friends. How do you respond?
4. A friend of yours brings another friend of hers/his to you for spiritual healing. Your friend explains that this person has been diagnosed with cancer and is about to start chemotherapy. Your friend thinks spiritual healing might help cure the cancer. How do you respond and what do you do?
5. It’s getting late and everyone is keen to go home. You have just finished giving a person spiritual healing and the other healers are still working on their clients. There is one person left in the waiting queue. You approach the person and ask if he/she would like spiritual healing. The person says “Yes” but is waiting for another healer. You notice that the healer referred to has just started working on their current client so will be a while. How do you respond and why?
6. How do you know that spiritual healing is working through you: explain what do you feel or notice in yourself when you have been doing spiritual healing. Describe what you have noticed happening to your clients when you have been giving them spiritual healing or what they have told you they have experienced.
7. You have just finished giving someone some spiritual healing. They ask you what you picked up during the healing and if you found anything that they should be concerned

about. What do you answer?

8. You have just finished healing someone when an agitated person enters the room and approaches you to complain about a healing that occurred earlier with another spiritual healer, who has now left. Please explain your complaints procedure, as you would to this person.
9. After a spiritual healing session, your client says how wonderful your healing made her feel because of the current stresses in her life that she can't normally escape from. She talks about stress in her marriage, uncertainty around her job and the school wanting a meeting to discuss one of her children's behaviour.
After the client leaves, another healer approaches you and starts talking about her friend whom you just gave spiritual healing. The other healer says that she is worried about her friend and plans to give her friend some spiritual healing too. She says her friend is struggling with marital problems and then asks if there is anything else she needs to be aware of so she can ensure she gives the most appropriate healing. How do you respond?
10. While visiting a friend, she asks you if you can give her sick pet spiritual healing. How do you respond?
11. Explain your process for doing absent healing and how you know it works.
12. It has been a busy morning and you have just finished your fifth healing in a row. Now you notice that you are feeling a bit light-headed and spacy. There are still people waiting for a healing, some looking at you in the hope that it's their turn. What do you do next?
13. In one of your breaks, you got talking to some of the other spiritual healers. One said he always healed each client for about 5 minutes and the other healer said he was told that a healing session with a client should take 20 minutes. Which healer is correct and why?
14. When you return home after spending time giving people spiritual healing, you notice that you are always tired and can't wait to sit back and relax with a strong cup of coffee. Please explain if this normal and if not, what you should do about it?
15. A close friend of yours is going into hospital to have major surgery in the next few days and is anxious about it. This friend knows you are a spiritual healer and asks if you can send healing during the surgery to ensure a positive outcome and speedy recovery. What do you respond and do, and why?